



**YENEPOYA**

(DEEMED TO BE UNIVERSITY)

Recognized under Sec 3(A) of the UGC Act 1956

Accredited by NAAC with 'A' Grade

**YENEPOYA AYURVEDA MEDICAL COLLEGE AND  
HOSPITAL  
NARINGANA MANGALORE**



**YENEPOYA  
AYURVEDA**

**HAND -BOOK**

## Executive Summary of the College

Yenepoya (Deemed to be) University is the first private University in the District of Dakshina Kannada (South Canara). Yenepoya (Deemed to be) University is a reputed institution renowned for its integrity, commitment to quality and excellence in service to the society. The University has been accredited with 'A' grade by NAAC. Yenepoya Ayurveda Medical College & Hospital emerged as a humble thought by the Management of Yenepoya (Deemed to be University) with a vision to bring Ayurvedic system of Medicine to the mainstream healthcare system and was officially launched in 2015 as Yenepoya Ayurveda Health Center at Kankandy, Mangalore.

With the unrelenting dedicated efforts of the staff, the institution has only grown day by day. Now, Yenepoya Ayurveda Medical College & Hospital stands tall amidst the AYUSHGRAM Campus spread over 66 acres of land in the lush greenery of Naringana village, 5 km from Mangalore's Medical town Deralakatte. Yenepoya Ayurveda Medical College & Hospital is the first institution of this region which aims to be the prime institution in Mangalore's Ayurvedic health care.

Yenepoya Ayurveda Medical College & Hospital brings you a world class experience in the pristine surroundings of a tranquil village in Dakshina Kannada. Nature is the closest companion of the campus that houses the institute offering the best of health care education. The salubrious climate and environment in the campus and its surroundings are ideally suited for higher learning and research.

Yenepoya Ayurveda Medical College & Hospital committed to provide quality education to the students, and constantly strive to produce outstanding Ayurvedic physicians, teachers and researchers. Yenepoya Ayurveda College is with all necessary infrastructure and facilities along with experienced teaching faculty as well as physicians.

The Academic Block of the college houses 14 completely established departments of first to fourth year B.A.M.S. Each department has its own research labs, staff rooms, and demonstration rooms with audio-visual aids, departmental library, seminar room, museums and other facilities as per the NCISM Norms.

Yenepoya Ayurveda Medical College & Hospital has exclusive herbal garden Yen Aushadheeya Vana comprising around 700 medicinal species. Teaching pharmacy of the college offers hands on training of preparation methodologies of Classical Ayurveda Formulations. 22 classical formulations are prepared regularly in teaching pharmacy. The main library spread over 3000 Sq. ft. comprising of a digital library is located in the Academic Block. The library has ergonomically designed seating and lightings to provide comfort and privacy to the users. The library is stocked with 7080 books including modern as well as Ayurvedic texts, around 15 international and national journals. The collection is being continuously updated with new editions of Books, Journals and periodicals.

The Academic Block houses lecture halls well equipped with audio-visual aids, LCD projectors, and cordless microphones excellent seating arrangements.

Yenepoya Ayurveda Medical College & Hospital has a 100 bedded hospital with exceptional infrastructure, offers both general and specialty care (both OPD and inpatient) at highly subsidized rates to the people of Dakshina Kannada and North Kerala. The clinical departments like Kayachikitsa, Shalya tantra, Shalakyta tantra, Prasuti tantra & Stri Roga, Kaumarabhritya and Panchakarma etc are functioning in the hospital premises.

Our institution focuses on providing multifaceted avenues for the development of each student.

“We have taken to heart the revolutionary spirit that founded our university and encourage each other to pursue unpredicted lines of thinking in order to effect change on local and international scales.”

## Programs Offered

- Under Graduate program B.A.M.S of Five and half year duration.

### Details of UG Programs

The Bachelor of Ayurveda Medicine and Surgery (BAMS) program comprise a course of study spread over a period of 5½ years including Internship of one-year duration after passing the IV BAMS examinations.

I BAMS	- 1 year
II BAMS	- 1 year
III BAMS	- 1 year
IV BAMS	- 1 ½ year
INTERNSHIP	- 1 year

Syllabus: NCISM approved Syllabus

Details of the program are as follows:

#### First Year

Sl. No	SUBJECT	THEORY/PRACTICAL	MARKS
1	Padartha Vijnana Evam Ayurveda Itihasa	Paper I Paper II	100 100
2	Sanskrit	Paper I	100
3	Kriya Shareera	Paper I Paper II Practical & Viva	100 100 100
4	Rachana Shareera	Paper I Paper II Practical & Viva	100 100 100
5	MaulikaSidhanta Evam Ashtanga Hridaya	Theory Viva	100 50

## Second Year

Sl. No	SUBJECT	THEORY/ PRACTICAL	MARKS
1	Dravyaguna Vijnana	Paper I Paper II Practical & Viva	100 100 200
2	Roga Vijnana Evam Vikrithi Vijnana	Paper I Paper II Practical & Viva	100 100 100
3	Rasa Shastra Evam Bhaishajya Kalpana	Paper I Paper II Practical & Viva	100 100 200
4	Charaka Samhitha Purvardha	Theory Viva	100 50

## Third Year

Sl. No.	SUBJECT	THEORY/ PRACTICAL	MARKS
1	Agadatantra Evam Vyavahar Ayurveda	Theory Practical & Viva	100 50
2	Swasthavritha and Yoga	Paper I Paper II Practical & Viva	100 100 100
3	Prasuti Tantra Evum Striroga	Paper I Paper II Practical & Viva	100 100 100
4	Kaumarabhrithya	Theory Practical & Viva	100 50
5.	Charak Samhitha Utharardha	Theory Viva	100 50

## Fourth Year

Sl. No	SUBJECT	THEORY/ PRACTICAL	MARKS
1	Kayachikitsa	Paper I Paper II Practical & Viva	100 100 100
2	Panchakarma	Theory Practical & Viva	100 50
3	Shalya Tantra	Paper I Paper II Practical & Viva	100 100 100
4	Shalakya Tantra	Paper I Paper II Practical & Viva	100 100 100
5	Research Methodology and Medical Statistics	Theory	50

## Details of Ph.D program

Ph.D center, Yenepoya (Deemed to be) University has offered Ph.D program for the faculty of Yenepoya Ayurveda Medical College & Hospital.

## Details of Faculty

SL. NO	NAME OF THE TEACHER	UG QUALIFICATION	PG QUALIFICATION	DESIGNATION	DEPARTMENT	TOTAL EXPERIENCE	CONTACT DETAILS	PHOTO
1	DR.GURURAJA H	BAMS MANGALORE UNIVERSITY 1999	MD(AYU) PANCHAKARMA RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BANGALORE 2004	Principal/ Dean/Prof essor& H.O.D	PANCHAKARMA	16 Years 8 months	9845732866	
2	DR. SRIDHAR GOKHALE	BAMS RGUHS 2002	MD Bhaishajya Kalpana Rajiv Gandhi University of Health Science, Bangalore	Viceprinci pal /Professo r	Rasashastra and Bhaishajya Kalpana	12 Years 7 Month 14 Days	9448255632	
3	DR. K LAKSHMEESHA UPADHYA	BAMS University of Mysore 1982	MD,Kaumar abhritya,Guj arat Ayurveda university Jamnagar 1986	Medical Superinte ndent/Pro fessor&H. O.D	Kaumarabhritya	25 Years 2 Months	9845503677	
4	DR. CHANDRAKANT H JOSHI	BAMS KARNATAK UNIVERSITY , DHARWAR 1994	MD(AYU) PRASUTI TANTRA UNIVERSITY OF KERALA 2000	Professor & H.O.D	PRASUTI & STRI ROGA	21 years 1 month 5days	9448945398	
5	DR. ZENICA DSOUZA	BAMS, Mangalore University, 1997	MD Kayachikitsa , RGUHS Karnataka, Bangalore, 2001	Professor & H.O.D	Kayachikitsa	19 years 8 months 15 days	9448835382	



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6	<b>DR. SHUBADA. V.I</b>	BAMS KARNATAKA UNIVERSITY DHARWAD 1997	MS (AYU) SHALYA TANTRA RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BANGALORE 2002	Professor & H.O.D	<b>SHALYA TANTRA</b>	17 years 1 month	9449591820	
7	<b>DR. RAGHAVENDRA UDUPA</b>	BAMS MANGALORE UNIVERSITY 1998	MD(AYU) SAMHITA & SIDDANTHA KERALA UNIVERSITY 2002	Professor & H.O.D	<b>SAMHITA SIDDANTA</b>	16 years 1 month 7 days	9743286656	
8	<b>DR. CHANNABASAN AGOUDA S HANAMANTAG OUDAR</b>	BAMS KARNATAKA UNIVERSITY DHARAWAD 1998	MD(AYU) KAYA CHIKITSA RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BANGALORE 2006	Professor & H.O.D	<b>KRIYA SHARIRA</b>	15 years 1 month 28 days	9986512892	
9	<b>Dr. NISHA KUMARI</b>	BAMS RGUHS 2004	MD Roga Nidana and Vikruthi Vijnana, RGUHS Bangalore 2007	Professor	<b>Roga Nidana and Vikruthi Vijnana</b>	14 years 1 month	9900790886	
10	<b>DR. PRIYA PRADEEP</b>	BAMS RGUHS 2004	MD, Kayachiktsa, Rajiv Gandhi University of Health Sciences, Bangalore, 2008	Professor	<b>Roganidana</b>	12 years 6 months 21 days	9886059351	



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11	<b>DR. PRADEEP KUMAR</b>	BAMS RGUHS 2004	MS, Shalaky Tantra, RGUHS, Bangalore , 2008	Professor & H.O.D	<b>Shalaky Tantra</b>	12 years 6 months 21 days	9986576898	
12	<b>DR.SUBHASH RAI K N</b>	BAMS RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BANGALOR E 2005	MS(AYU) SHALYA TANTRA RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BANGALOR E 2009	Professor	<b>SHALYA TANTRA</b>	11 years 11 months	9620310633	
13	<b>DR. LAKSHMI PRASAD</b>	BAMS RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BANGALOR E 2002	MD(AYU) KAYA CHIKITSA RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BANGALOR E 2006	Professor	<b>KRIYA SHARIRA</b>	12 years 6 months 21 days	8722675666	
14	<b>DR. ASHA MARADKA</b>	BAMS, RGUHS, Bangalore 2005	MD Dravyaguna , RGUHS, Bangalore , 2010	Professor & HOD	<b>Dravyaguna</b>	10 years 11 months 14 days	8762059222	
15	<b>DR. KARISHMA</b>	BAMS, RGU HS, Bangalore, 2003	MD Dravyaguna , RGUHS, Bangalore, 2008	Professor	<b>Dravyaguna</b>	11 years, 14 days	9113688481	



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16	<b>DR. SATHYAMOORTHY K</b>	BAMS KARNATAKA UNIVERSITY, DHARWAR 1994	MD(AYU) DRAVYAGUNA RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BANGALORE 2009	Professor & H.O.D	<b>AGADA TANTRA AVUM VIDHI VAIDYAKA</b>	10 years 4 months 19 days	9481301353	
17	<b>DR. VIDHYAPRABHAR</b>	BAMS Mahatma Gandhi University, Kerala 2001	MD(AYU) Shareera Rachana Rajiv Gandhi University, Bangalore 2012	Associate Professor	<b>Shareera Rachana</b>	8 years 4 months	6363409207	
18	<b>DR. AKSHATHA K</b>	BAMS, RGUHS, Bangalore 2010	MS, Shalaky Tantra, RGUHS, Bangalore, 2013	Associate Professor	<b>Shalaky Tantra</b>	7 years 4 months 15 days	9945833678	
19	<b>DR. SINDHUMA</b>	BAMS, RGUHS, Bangalore 2010	MD, Kaumarabhritya, RGUHS, Bangalore, 2013	Associate Professor	<b>Kaumarabhritya</b>	7 years 4 months	7411889737	



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20	<b>DR. ADITI P SUBBANAVAR</b>	BAMS, karnataka university, Dharwad. 2000	MD Swasthavritta and Yoga, RGUHS, Koppal, 2013	Associate Professor	<b>Swasthavritta and Yoga</b>	7 years 4 months	9844276696	
21	<b>DR. AJAY BHAT U</b>	BAMS, RGUHS, Bangalore 2010	M.D Kayachikitsa , RGUHS Bangalore 2013	Associate Professor	<b>Kayachikitsa</b>	7 years 4 months	9048559776	
22	<b>DR. SHEETHAL RAJ</b>	BAMS,Rajiv Gandhi University of health Science,Bangalore.2007	MD(AYU) Agadatantra Rajiv Gandhi University, Bangalore 2014	Associate Professor	<b>Agadatantra</b>	7 years 1month 19 Days	8593021401	
23	<b>DR.SUPRIYA S</b>	BAMS,Rajiv Gandhi University of health Science,Bangalore.2010	MD (Ayu), Kayachikitsa , Rajeev Gandhi University, Bangalore, 2014.	Associate Professor	<b>Swasthavritta And Yoga</b>	6 years 6 months 13 Days	9481144929	
24	<b>DR.BALAKRISHNA KUMAR</b>	BAMS , Rajiv Gandhi University of Health Science , Bangalore , 2007	MD(AYU) BHAISHAJY A KALPANA RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BANGALORE, 2014	Associate Professor	<b>Rasashastra Evam Bhaishajya Kalpana</b>	6 years 5 months	9886740406	



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25	<b>DR. ADARSH D RAJ</b>	BAMS RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BANGALURU 2010	"MD(AYU) PANCHAKARMA RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BANGALORE 2014"	Associate Professor	<b>PANCHAKARMA</b>	6 years 3 months 17 days	9742329858	
26	<b>DR. DIVYARANI</b>	BAMS RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES 2010	MD (AYU) SAMHITA AND SIDDHANTA, RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, 2014	Associate Professor	<b>SAMHITA AND SIDDHANTA</b>	7 years 3 months 03 Days	8770990868	
27	<b>DR.KAVYA S.R</b>	<b>BAMS RGHUS, BANGALORE 2009</b>	MS(AYU) PRASOOTI TANTRA & STREE ROGA RGHUS BANGALORE 2015	ASSOCIATE PROFESSOR	<b>PRASOOTI &amp; STREE ROGA</b>	5 years 6 months	9880215518	
28	<b>DR. RESHMA S</b>	BAMS Mangalore University 1999	MD Kayachikitsa, RGHUS Karnataka, Bangalore, 2005	Associate Professor	<b>Sharira Kriya</b>	5 years 1month 14 days	7404863848	
29	<b>DR. SHILPA K</b>	BAMS, Rajiv Gandhi University of Health Sciences, Bangalore, 2012	MD (Ayu), Kayachikitsa, Rajiv Gandhi University of Health Sciences, Bangalore, 2016	Assistant Professor	<b>Mangalore</b>	4 Years 4 Months 25 Days	8050163323	



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30	<b>DR. MRUDULA K.S</b>	BAMS, Rajiv Gandhi University of Health Sciences, Bangalore, 2012	MS, Prasooti tantra evam stree roga, Rajiv Gandhi University of Health Sciences, Bangalore, 2017	Assistant Professor	<b>Prasooti tantra evam stree roga</b>	3 Years 6 Months 15 Days	8147988405	
31	<b>DR. RAHUL YASHAVANTH</b>	BAMS, RGUHS, Bangalore	MD, Rasashastra and Bhaishajya Kalpana, RGUHS, Bangalore	Assistant Professor	<b>Rasashastra and Bhaishajya Kalpana</b>	3 Years 4 Months 29 Days	8792859627	
32	<b>DR. THANUSREE N NAIR</b>	BAMS, Sri Chandrashekhara Saraswati Vishwa Maha Vidhyalaya, Deemed to be University, Kanchipuram, 2015	MD in Samhita Siddhanta, Amrita Vishwavidhyapeetham, Coimbatore, 2018	Assistant Professor	<b>Samhita and Siddhanta</b>	2 Years 8 Months 21 Days	6363876195	
33	<b>DR. JNANESH MARATHE</b>	BA - National Sanskrit University (Earliest Rashtriya Sanskrit Vidyapeetha), Tirupati	MA, B.Ed., M.Phil. & Ph.D. - National Sanskrit University (Earliest Rashtriya Sanskrit Vidyapeetha), Tirupati	Lecturer	<b>Samhita and Siddhanta</b>	2 Years 8 Months 20 Days	9880557899	
34	<b>DR. ATHULYA P.K</b>	Amrita vishwavidyapeetham, Coimbatore, 2015	"MD (AYU) Roganidana evam vikriti vijnana RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BANGALORE 2018	Assistant Professor	<b>Roganidana</b>	2 Years 6 Months	9567556075	



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35	DR SAHL M	BAMS, Calicut University, 2014	MS(AYU), Shalyatantra , RAJIV GANDHI UNIVERSI TY OF HEALTH SCIENCES, BANGALO RE,2019	Assistant Professor	<b>Shalyatantra</b>	1 Years7 Months 17 Days	9495519677	
36	DR. HAFSA P AHAMED	BAMS, Calicut University, 2013	MS(AYU), Prasootitana ra evum streeroga, RAJIV GANDHI UNIVERSI TY OF HEALTH SCIENCES, BANGALO RE,2019	Assistant Professor	<b>Prasutitantra evum striroga</b>	1 Years 7 Months 17 Days	9447521382	
37	DR. RUKMA C.K	BAMS, CALICUT University,2 010	MD(AYU), Agadatantra Vyavahara Ayurveda evam Vidhi Vaidyaka,KE RALA UNIVERSITY OF HEALTH SCIENCES,T hrissur,Kera la, 2018	Assistant Professor	<b>Agadatantra</b>	1 Years 6 Months 20 Days	9895974261	
38	DR. SURYA RAJ	BAMS RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BENGALUR U 2016	MD (AYU) SAMHITA AND SIDDHANTA RAJIV GANDHI UNIVERSI TY OF HEALTH SCIENCE S, BENGALU RU 2019	ASSISTAN T PROFESS OR	<b>SAMHITA AND SIDDHANTA</b>	1 Years 6 Months 08 Days	8880584353	



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39	<b>DR. PRIYA S.R NAIR</b>	BAMS Amrita Vishwa Vidyapeetham, Coimbatore, 2016	MD (AYU) KRIYA SHARIR RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BANGALURU 2019	ASSISTANT PROFESSOR	<b>KRIYA SHARIR</b>	2 Years 10 Days	8281983814	
40	<b>DR. SREERAJ P</b>	BAMS, RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCE, 2015	MD (AYU) SWASTHAVRITTA AND YOGA, RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCE BANGALORE, 2019	ASSISTANT PROFESSOR	<b>SWASTHAVRITTA AND YOGA</b>	1 Years 5 Months 13 Days	8136864263	
41	<b>DR. ARUNDEEPM</b>	BAMS RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BANGALURU 2016	MD (AYU) DRAVYAGUNA VIGYANA RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BANGALURU 2019	ASSISTANT PROFESSOR	<b>DRAVYAGUNA VIGYANA</b>	1 Years 5 Months 06 Days	8547356747	
42	<b>DR. VEENA VISWANATH</b>	BAMS Amrita Vishwa Vidyapeetham, Coimbatore, 2016	MD (AYU) Shareera Rachana Bharati Vidyapeeth Deemed University, 2019	Assistant Professor	<b>Shareera Rachana</b>	1 Year 23 days	9353754982	



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43	<b>DR. KAVYA VASUDEV</b>	BAMS KERALA UNIVERSITY OF HEALTH SCIENCE, THRISSUR 2016	MD (AYU) SAMHITA AND SIDDHANTA RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BENGALUR U 2020	ASSISTANT PROFESSOR	<b>SAMHITA AND SIDDHANTA</b>	<b>1 Year 23 Days</b>	<b>8547718621</b>	
44	<b>DR. SANTHOSH K</b>	BAMS RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BENGALURU 2017	MS (AYU) SHALAKYA TANTRA RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BENGALURU 2020	ASSISTANT PROFESSOR	<b>SHALAKYA TANTRA</b>	<b>6 Months 03 Days</b>	<b>8762019885</b>	
45	<b>DR. SARITHA A K</b>	BAMS RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BENGALURU 2017	MD (AYU) KAYACHIKITSA, RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BENGALURU, 2020	ASSISTANT PROFESSOR	<b>KAYACHIKITSA</b>	<b>5 Months 26 days</b>	<b>7306136783</b>	
46	<b>DR. VASUDEV R</b>	BAMS RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BENGALURU 2017	MD (AYU) PANCHAKARMA RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BENGALURU 2020	ASSISTANT PROFESSOR	<b>PANCHAKARMA</b>	<b>5 Months 17 Days</b>	<b>9895719147</b>	



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47	<b>DR. SANGEETHA LAXMI</b>	BACHELOR OF NATUROPA THY & YOGIC SCIENCES RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES BANGALOR E 2011	MD(YOGA) RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES BANGALOR E 2012	Assistant Professor	<b>SWASTHAVRITTA &amp; YOGA</b>	<b>9448790070</b>	
48	<b>DR ISMAIL B</b>	B.SC. MYSORE UNIVERSITY 1980	M.SC. MYSORE UNIVERSITY 1981	Professor & H.O.D	<b>BIO STATISTIC</b>	<b>9448546006</b>	

## Details of the Infrastructure

### YENEPOYA AYURVEDA MEDICAL COLLEGE

#### Teaching-Learning and skills acquisition facilities in the institution

Published As per the Gazette of India, Part III – Section 4, on Monday, November 7,  
 2016

Sl. No	Facilities	Requirements as per CCIM (Regulatory body)	Facilities Available
1	Lecture halls	5	5
2	Multipurpose hall for conducting seminar, Examination	1	1
3	Dissection hall	1	1
4	Physiology laboratory	1	1
5	Pathology laboratory	1	1
6	Pharmacognosy laboratory	1	1
7	Teaching pharmacy	1	1
8	College library	1	1
9	Department museum	10	10
10	Department library	10	10

## INFRASTRUCTURE AND FUNCTIONAL REQUIREMENTS

### Ayurveda Medical college area statement

Sl. No	Particulars	Regulatory requirement of CCIM (sq.mts)	Existing facilities in the college (sq.mts)
1	Administrative wing	300 sq.mts	300 sq.mts
2	Lecture halls	800 sq.mts	841 sq.mts
3	Seminar /Conference /Examination hall	300 sq.mts	1200 sq.mts
4	Central Library	200 sq.mts	300 sq.mts
5	Teaching Pharmacy and quality testing laboratory	200 sq.mts	200 sq.mts
6	Department of Samhita and Siddhantha	100 sq.mts	140 sq.mts
7	Department of Rachana Shareera	250 sq.mts	270 sq.mts
8	Department of Kriya Shareera	150 sq.mts	280 sq.mts
9	Department of Dravyaguna	250 sq.mts	260 sq.mts
10	Department of Rasashastra Evam Bhaishajya Kalpana	150 sq.mts	180 sq.mts
11	Department of Roganidan Evum Vikriti Vigyan	150 sq.mts	200 sq.mts
12	Department of Swastha vritta and Yoga	150 sq.mts	160 sq.mts
13	Department of Agada tantra Evam Vidhi vaidyak	100 sq.mts	140 sq.mts
14	Department of Kayachikitsa	150 sq.mts	180 sq.mts
15	Department of Panchakarma	75 sq.mts	90 sq.mts
16	Department of Shalya tantra	150 sq.mts	150 sq.mts
17	Department of Shalakyta tantra	150 sq.mts	180 sq.mts
18	Department of Prasuti Evam Stree roga	100 sq.mts	140 sq.mts
19	Department of Kaumarabhrithya	75 sq.mts	90 sq.mts
20	Additional Space	1175 sq.mts	
	<b>Total constructed area</b>	<b>4000 sq.mts</b>	<b>6476 sq.mts</b>

### Teaching hospital area statement

Sl. No	Particulars	Regulatory requirement of CCIM (sq.mts)	Existing facilities in the college (sq.mts)
1	Superintendent room	150 sq.mts	200 sq.mts
2	Deputy Superintendent room		
3	Medical officer's room		
4	Matron room		
5	Assistant Matron room		
6	Reception and registration		

### Hospital outpatient departments (OPD)

Sl. No	Particulars	Regulatory requirement of CCIM (sq.mts)	Existing facilities in the college (sq.mts)
1	Kayachikitsa OPD	500 sq.mts	530 sq.mts
2	Shalya OPD		
3	Shalkya OPD		
4	Stree Roga Evam Prasuti Tantra OPD		
5	Kaumarabhrithya OPD		
6	Swasthyarakshana and Yoga OPD		
7	Atyayika (causality) section		
8	Dressing and first aid room Ksharasutra room		
9	Dispensary		
10	Waiting space for patients		
11	Store		
12	Male and Female toilets for patients		

### Hospital inpatient departments (IPD)

Sl. No	Particulars	Regulatory requirement of CCIM (sq.mts)	Existing facilities in the college (sq.mts)
1	Kayachikitsa Male ward	1650 sq.mts	1932 sq.mts
2	Kayachikitsa Female ward		
3	Panchakarma Male ward		
4	Panchakarma Female ward		
5	Shalya Male ward		
6	Shalya Female ward		
7	Shalakya Tantra ward		
8	Prasooti evum stree roga ward		
9	Kaumar Bhritya (Balaroga ward)		
10	Doctors duty room one for each department		
11	Nursing staff duty rooms one in each ward		
12	Store room for linen, etc.		

### Operation theatre block

Sl. No	Particulars	Regulatory requirement of CCIM (sq.mts)	Existing facilities in the college (sq.mts)
1	Major operation theatre	250 sq.mts	308 sq.mts
2	Minor operation theatre		
3	Shalakya operation theatre		
4	Labour room with attached toilet and bathroom		
5	Neonatal care room		
6	Central sterilization and auto clave unit		
7	Scrub room		
8	Two recovery room		
9	Doctors duty room with attached toilet and bathroom		
10	Interns/house officer/resident doctors room with attached toilet and bathroom		
11	Nursing staff room with attached toilet and bathroom		

### Panchakarma block

Sl. No	Particulars	Regulatory requirement of CCIM (sq.mts)	Existing facilities in the college (sq.mts)
1	Snehana Kaksha (Male)	<b>350 sq.mts</b>	<b>380 sq.mts</b>
2	Snehana Kaksha (Female)		
3	Swedana Kaksha (Male)		
4	Swedana Kaksha (Female)		
5	Shirodhara Kaksha (Male)		
6	Shirodhara Kaksha (Female)		
7	Vamana Kaksha (Male)		
8	Vamana Kaksha (Female)		
9	Virechana Kaksha (Male)		
10	Virechana Kaksha (Female)		
11	Basti Kaksha (Male)		
12	Basti Kaksha (Female)		
13	Raktamokshana, Jalaukavacharana, Agnikarma, Prachana etc Kaksha		
14	Panchakarma Therapist/physicians room		
15	Panchakarma store room		
16	Attached toilets for males and females		

### Physiotherapy unit

Sl. No	Particulars	Regulatory requirement of CCIM (sq.mts)	Existing facilities in the college (sq.mts)
1	Physiotherapy room	150 sq.mts	150 sq.mts
2	Physiotherapist room		

### Clinical laboratory

Sl. No	Particulars	Regulatory requirement of CCIM (sq.mts)	Existing facilities in the college (sq.mts)
1	Clinical laboratory	150 sq.mts	160 sq.mts

### Radiology /Sonography section

Sl. No	Particulars	Regulatory requirement of CCIM (sq.mts)	Existing facilities in the college (sq.mts)
1	Radiologist chamber	100 sq.mts	110 sq.mts
2	X –Ray room		
3	Dark room		
4	Film drying room		
5	Store room		
6	Ultra sonography room		
7	Patient's waiting and dressing room		
8	Reception/registration/report room		

Sl. No	Particulars	Regulatory requirement of CCIM (sq.mts)	Existing facilities in the college (sq.mts)
1	Additional space (Stores, hospital kitchen)	200 sq.mts	200 sq.mts
	<b>Total constructed area</b>	<b>3500 sq.mts</b>	<b>3970 sq.mts</b>

## Clinical Services/Lab Services

Clinical services of Yenepoya Ayurveda Medical College & Hospital include specialty OPD's and IP facilities, Peripheral OPD's, Day care centers, Yoga, Physiotherapy unit and specialty in-House and outdoor medical camps.

### ● HOSPITAL OUTPATIENT DEPARTMENTS (OPD)

SL.NO.	Name of the OPD
1	Kayachikitsa OPD
2	Shalya OPD
3	Shalakyia OPD
4	Prasuti Tantra Evam Stree Roga OPD
5	Kaumarabhrithya OPD
6	Swasthyarakshana and Yoga OPD
7	Panchakarma OPD
8	Atyayika (casualty) section

### ● HOSPITAL INPATIENT DEPARTMENTS (IPD)

SL.NO	Name of the ward
1	Kayachikitsa Male ward
2	Kayachikitsa Female ward
3	Panchakarma Male ward
4	Panchakarma Female ward
5	Shalya Male ward
6	Shalya Female ward
7	Shalakyia Tantra ward
8	Prasooti evum stree roga ward
9	Kaumar Bhritya (balaroga ward)

- **Peripheral clinics-day care centers**  
Kenya-
- **Yoga and Pranayama.**
- **Physiotherapy Unit.**
- **Occupational therapy.**
- **Pathya Section-Diet food for patients.**

## Lab Services

Yenepoya Ayurveda Medical College & Hospital has a well equipped lab in hospital premises.

Services include:

- Haematological investigation.
- Serological investigation.
- Pathological investigation.

## Extension Activities

To extend the university services to the community for building a healthy, empowered and sustainable society, Yenepoya Ayurveda Medical College and Hospital conducts series of specialty in –House and outdoor camps.

Departments of Yenepoya Ayurveda Medical College and Hospital regularly conducts specialty free check up and treatment camps and Awareness camps for the benefit of society and serve the needy.

### YENEPOYA AYURVEDA MEDICAL COLLEGE & HOSPITAL

#### CAMP REPORT 2018

Sl. No	Date	Camp	Place of Camp	Organizer	No. of Beneficiaries	No. of Students Participated	No. of Teaching Faculty Participated
1	1st Dec 2018	Treatment Camps	Posoat Muhyiddeen Juma Masjid, Manjeshwar, Kasargod.	YAMCH	100	Nil	Dr.Almas, Dr.Mridula, Dr.Pooja, Dr.Neetu, Dr.Ashwin Sabu, Miss.Anwika, Mrs.Anita D'Souza, Miss.Damayanti
2	10th Dec 2018	A Free Yoga camp	YAMCH	YAMCH	10	Nil	Dr. Supriya S Dr.Mrudula K S Dr.Preethi Nair
3	26th Nov 2018 to 8th Dec 2018	A Mega Camp were started for 13 days	Naringana & Manjeshwar.	YAMCH	200	Nil	Dr. PrasannaAithal Dr. Vishnu Dr. Ashwin
4	29th Nov 2018	A School Health Program	D G Katte Govt. School	Dept of Kaumar abhritya	25	Nil	Dr.Supriya S Dr.Mrudula K S Dr. Almas tarannum Dr. Shilpa K S Dr. Pooja Dr.Chaitra Mr. Anwar Mr. Mustaq

5	13th Nov 2018	A Free Medical camp	Hosangadi	YAMCH	10	10	Dr. Mridula, Dr.Nigil, Dr.Ajin.
6	6th Nov 2018	A Free Medical camp	Hosangadi	YAMCH	9	Nil	Dr. Rahul, Dr.Vishnu, Dr. Pooja.
7	1st Nov 2018	A Free Medical camp	Montugoli	YAMCH	9	Nil	Dr. Rahul, Dr.Pooja Shine Dr.Vishnu.
8	30th Oct 2018	A Free Medical camp	Nadupadavu	YAMCH	40	Nil	Dr. Akshatha Bhat, Dr. Shilpa, Dr. Nigil
9	1st Oct 2018	A Free Medical camp	Montugoli	YAMCH	8	Nil	Dr. Harikrishna B N, Dr. Durgaprasad, Dr. Pooja Shine.
10	6th Sept 2018	A Free Medical camp	Montugoli	YAMCH	27	Nil	Dr.Shilpa, Dr.Supriya S. Dr. Ashwin Dr. Ajin
11	28th Aug 2018	A Free Medical camp	Nadupadavu	YAMCH	75	Nil	Dr. Shubada Dr. Almas Dr. Nijil Dr. Vishnu Krishnan
12	18th Aug 2018	A Free Medical camp	D.G Katte	YAMCH	20	Nil	Dr.Akshatha Dr.Mrudula Dr.Ashwin Dr. Nijil
13	13th Aug 2018	A Free Medical camp	Derlakatte	YAMCH	21	Nil	Dr.Rahul Dr. Mrudula Dr. Ajin Dr. Vishnu
14	9th Aug 2018	A Free Medical camp	Naringana Panchayat	YAMCH	21	Nil	Dr. Vidhyaprabha Dr. Ashwin Dr.Pooja Dr.Vishnu
15	4th Aug 2018	A Free Medical camp	SKSSF	YAMCH	47	Nil	Dr. Harikrishna Dr. Supriya Dr. Durgaprasad Dr. Pooja
16	2nd Aug 2018	A Free Medical camp	Motugoli	YAMCH	38	Nil	Dr. Annette Dr. Shilpa K. S Dr.Ashwin Dr Ramitha

17	31st July 2018	A Free Medical camp	Nethilapadavu School	YAMCH	141	Nil	Dr.Shubada Dr.Almas Dr.Vishnu Dr.Rasheeda
18	10th July 2018	A Free Medical camp	Derlakatte	YAMCH	62	Nil	Dr. Akshatha Dr.Rahul Dr. Ajin Das Dr.Nijil
19	3rd July 2018	A Free Medical camp	Manjanadi	YAMCH	58	Nil	Dr. Rahul Dr.Mrudula Dr.Rashmi Dr. Pooja
20	28th June 2018	A Free Medical camp	Motugoli	YAMCH	69	Nil	Dr. Supriya S. Dr. Priya Dr. Ajin Das Dr. Tushara
21	26th June 2018	A Free Medical camp	Manjanadi	YAMCH	100	Nil	Dr. Shubada Dr. Annette Dr.Mrudula Dr. Almas Dr.Pooja Ashok
22	21st June 2018	A Free Medical camp	Nethilapadavu Manjanadi	YAMCH	19	Nil	Dr. Mrudula Dr.Rahul Dr. Ashwin Dr. Rashmi
23	19th June 2018	A Free Medical camp	Kodi Manjanadi	YAMCH	62	Nil	Dr. Shilpa K. S Dr. Durgaprasad Dr. Ajin Dr.Preethi
24	4th June 2018	A Free Medical camp	Nethilapadavu Manjanadi	YAMCH	52	Nil	Dr. Raghavendra Udupa Dr. Poojarani K.P Dr. Jeevan Das Dr.Tushara
25	17th May 2018	A Free Medical camp	Nethilapadavu Manjanadi	YAMCH	35	Nil	Dr.Shubada V.I Dr. Almas Tarannum Dr.Priya Rajan Dr.Ashwin DrVarada Mohan

26	9th May 2018	A Free Medical camp	Olavinahalli Rehabilitation Centre	YAMCH	31	Nil	Dr.Almas Tarannum Dr.Supriya S. Dr.Shilpa K Dr.Ashwin Dr.Kripa
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**YENEPOYA AYURVEDA MEDICAL COLLEGE & HOSPITAL**

**CAMP REPORT 2019**

Sl. No.	Date	Camp	Place of Camp	Organizer	No. of Beneficiaries	No. of Students Participated	No. of Teaching Faculty Participated
1	3rd Sept 2019	On Account of National Nutritional week Awareness Programme	Hira Women's Pre University College, Babbukatte, Mangalore	Department of Kayachikitsa, Swasthavrutta & Yoga, Prasuthitantra & Streeroga	300	Nil	Dr. Supriya Dr. Shilpa K Dr. Mrudula K. S
2	8th Aug 2019	Dengue Awareness Camp	YAMCH Yenepooya Ayurveda Medical College and Hospital Association with	Dakshina Kannada District administration, DK Zilla Panchayath, Dept of Ayush, Healthand Family welfare dept	150	Nil	Dr. Supriya S Dr. Shilpa K
3	30th July 2019	On account of World Hepatitisday „Hepatitis Awareness Programme	Kunil PU College, Natekal, Mangalore	Dept of Kayachikitsa	1	Ni	Dr. Shilpa K
4	28th June 2019	Wound Care Awareness camp	Kunil Higher Secondary EnglishMedium School	Dept of Shalya Tantra	67	Nil	Dr. Durgaprasad

5	22nd June 2019	Blood Donation camp	YAMCH	Department of Kriya Shareera & Shalya Tantra	150	Nil	Dr. Vidyaprabha Dr. Devan Dr. Supriya S Dr. Tanushree Nair Dr. Durgaprasad Dr. Prasanna Aithal
6	2nd May 2019	Awareness Programme – On the occasion of World Oral Health Day	Xavier's Degree College, Asaigoli	Department of Shalakya Tantra	160	Nil	Dr. Akshatha K Bhat
7	7th May 2019	Asthma Awareness Programme and Free Medical Camp for Respiratory Disorders on account of "International Asthma Day"	Yuvaka Mandala Sabhangana, Asaigoli Konaje, association with Stree Shakti Sangha, Konaje	Roga Nidana & Kaya Chikitsa	12	Nil	Dr. Shilpa K Dr. Priya Pradeep Dr. Nisha Dr. Athulya
8	28th May 2019	Awareness camp on the occasion of "World Menstrual Hygiene Day"	Al-Madeena Women PU College, Thoudugoli, Mangalore	Department of Prasooti Tantra & Stree Roga	100	Nil	Dr. Mrudula K.S
9	7th April 2019	Awareness camp on the occasion of "World Health Day" conducted at Mangalore	Indoor Sports Complex, Mangaluru University, Konaje,	Department of Shareera Kriya	50	Nil	Dr. Vidyaprabha Dr. Soumyashree Dr. Supriya Dr. Almas Dr. Harikrishna B.N

10	11th April 2019	Free Medical Camp & Awareness Talk about Ayurvedic Health care	Ramakrishna Aided High School Harekala, Mangalore	YAMCH	105	Nil	Dr. Sri Devi Dr. Supriya S Dr. Preethi Nair Dr. Vandana Pai
11	24th April 2019	Free Medical Camp	Jai Shree Ram Samajaseva Unit, Manjeshwara, at Hill side Auditorium, Hosangadi	YAMCH	102	Nil	Dr. Prasanna Aithal Dr. Vidyaprabha Dr. Supriya S Dr. Almas Tarannum Dr. Shilpa K Dr. Vandana Rai Dr. Ashwin Sabu
12	2nd March 2019	Free Awareness & Screening Camp on Account of "World Hearing Day "	Mangalore Paper Mill Factory, K.C Road, Kinya	Dept of Shalakya tantra	30	Nil	Dr. Akshatha K Bhat
13	20th Feb 2019	Awareness camp of "National Cervical Cancer Awareness Month"	South Karnataka Salafi Moveament Association, Derlakatte, Mangalore	Department of Prasuti Tantra & Sreeroga	20	Nil	Dr. Mrudula K.S
14	19th Feb 2019	Free Awareness camp	Sambarthota, Mudipu		80	Nil	Dr. Shubada V. I Dr. Shilpa K Dr. Vandana Rai Dr. Sooraj
15	11th Feb 2019	Free ENT Screening Camp on Account of "World Hearing Day "	AIHPS School Children of Belma, Renjady	Dept of Shalakya tantra,	101	Nil	Dr. Akshatha K Bhat dr. Vandana P Rai
16	29th Jan 2019	Free Medical Camp	Naringana Grama Panchayat Bhavana	YAMCH	22	Nil	Dr. Durgaprasad Dr. Almas Dr. Mithun Dr. Devanand

15	11th Feb 2019	Free ENT Screening Camp on Account of "World Hearing Day "	AIHPS School Children of Belma, Renjady	Dept of Shalakya tantra,	101	Nil	Dr. Akshatha K Bhat dr. Vandana P Rai
16	29th Jan 2019	Free Medical Camp	Naringana Grama Panchayat Bhavana	YAMCH	22	Nil	Dr. Durgaprasad Dr. Almas Dr. Mithun Dr. Devanand

**YENEPOYA AYURVEDA MEDICAL COLLEGE & HOSPITAL**

**CAMP REPORT 2020**

<b>Sl · No.</b>	<b>Date</b>	<b>Camp</b>	<b>Place of Camp</b>	<b>Organizer</b>	<b>No. of Benefici aries</b>	<b>No. of Students Participa ted</b>	<b>No. of Teaching Faculty Participated</b>
1	5th Jan 2020	Free Medical Camp	Mogaveera Higher Primary School, Ullal	Public in Co- ordination with Sri Dhanwantaram Vaidyashala Ullal and Yenepoya Health Center Kankanady	72	Nil	Dr. Adarsh Dr.Shipla Dr. Sahl Dr.Devanand Dr.Hafsa Dr.Athulya Dr. Rahul Mr. Anwarkhan Mrs. Anita Montero Ms. Rekha
2	29th Jan 2020	National Cervical Cancer awareness month" and "National Breast Cancer awareness month"	Al-Madeena school	Dept of Prasuti Tantra & Stree Roga	50	Nil	Dr.Mrudula.KS, Dr.Hafsa.P.Ahamed

**YENEPLOYA AYURVEDA MEDICAL COLLEGE & HOSPITAL**

**CAMP REPORT 2021**

Sl. No	Year	Name of the Activity	Organising unit/Agency/Collaborating Agency	Total Number of Beneficiary	No. of Students Participated in such Activities	No. of Teachers Participated in Such Activities
1	21st January 2021	Awareness camp	Primary Health Centre, Natekal	35	Nil	Dr. Kavya SR Dr. Mrudula K.S
2	25-1-2021 to 30-1-2021	Allergic rhinitis	Naringana	6	Nil	Dr. Pradeep kumar K Dr. Akshatha Bhat Dr. Santhosh Kumar K
3	25-1-2021 to 30-1-2021	varicose veins	Naringana	5	Nil	Dr.Shubada Dr.Subhash Rai KN Dr. Sahl
4	25-1-2021 to 06-2-2021	Utrus Cancer awareness	Naringana	12	Nil	Dr. Kavya SR Dr. Mrudula K.S
5	31/01/2021	Free Medical Camp	Bantwala	62	Nil	Dr.K Lakshmeesh Upadhy Dr.Pralhad D Subbannavar Dr.Subhash Rai.KN Dr. Balakrishna Kumar A Dr.Akshatha Bhat K Dr.Aditi P Subbannavar
6	01-2-2021 to 06-2-2021	Developmental Disabilities	Naringana	3	Nil	Dr. K Lakshmeesh Upadhy Dr.Sindhu MA Dr.Asawathi p Murali



7	14/02/2021	Eye & ENT screening	Naringana	72	Nil	Dr. Akshatha Bhat K Dr. Santhosh K
8	15-2-2021 to 20-2-2021	Nidranasha(I nsomnia)	Naringana	8	Nil	Dr.Priya Pradeep Dr.Ajay Bhat U Dr. Saritha AK
9	15-2-2021 to 20-2-2022	Bp, Diabities awarness camp	Naringana	10	Nil	Dr. Aditi P S Dr. Supriya S
10	21/02/2021	Free Medical Camp	Ullala Panchayath Ground	101	Nil	Dr.K Lakshmeesh Upadhya Dr.Aditi P Subbannavar Dr.Pradeep Kumar K Dr. Priya pradeep Dr.Adarsh D Raj Dr.Sahl.M
11	02/03/2021	Hearing Evaluation Medical Camp	Karnataka wood industries factory at Manjanady	21	Nil	Dr. Akshatha K Dr. Santhosh K
12	14/03/2021	Free Medical Camp	Vaidyanatha chavadi, Ullala	125	Nil	Dr. K Lakshmeesh Upadhya Dr.Pradeep Kumar K Dr, Priya Pradeep Dr.Devan Raghunathan Dr.Sreeraj P Dr.Kavya SR Dr.Vasudev R Dr.Santhosh K
13	19-4-21 to 24-4-21	Infertility awareness	Naringana	7	Nil	Dr. Kavya SR Dr. Mrudula K.S
14	01.7.21 5.7.21 to 8.7.21 12.7.21 14.7.21 & 17.7.21	Nutrition assessment	Anekal, Kurnadu, Kurnadu, Mani, Salethur, Vittala, Uli & Adyanadka	250	Nil	Dr.K.Lakshmeesh Upadhya Dr. Sindhu MA Dr. Nafeesathul Missriya

15	26.7.21 & 27.7.21	Moole sandrathe	Naringana	123	Nil	Dr. Zenica Dsouza Dr.Ajay Bhat U Dr. Shilpa K Dr.Saritha AK
16	16/09/2021	Free Medical Camp(Azadi ka Amruth Mahostav)	Maryhill	93	Nil	Dr. Zenica Dsouza Dr.Ajay Bhat U Dr. Shilpa K Dr.Saritha AK
17	3.10.21	Free medical camp	Balakrishna Mandira kumpala	98	Nil	Dr. K Lakshmeesh Upadhya Dr. Subhash Rai KN Dr. Akshatha Bhat K Dr. Adarsh D Raj Dr.Aditi P Subbannavar Dr.Shilpa K
18	September 6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup> , 27 <sup>th</sup> 2020	Heel pain	Naringana	15	Nil	Dr. Vidhyaprabha R Dr. Priya S R Nair
19	17.10.2021	Free Medical Camp	sudana Edward Hall Puttur	96	Nil	Dr.K Lakshmeesh Upadhya Dr.Pradeep Kumar Dr.Sahl Dr.Vasudev R
20	20.10.21 to 22.10.21	Eye camp	Naringana	100	10	Dr. Pradeep kumar K Dr. Akshatha Bhat Dr. Santhosh Kumar K
21	25.10.21 & 26.10.21	yen twachya	Naringana	38	Nil	Dr. Zenica Dsouza Dr.Ajay Bhat U Dr. Shilpa K Dr.Saritha AK
22	28.10.21	Breast Cancer awareness	Naringana	55	Nil	Dr. Kavya SR Dr. Mrudula KS Dr. Hafsa P Ahammed
23	15.11.21	Health Checkup (On the eve of Children day)	Grama Panchayath sabhangana Naringana	40	Nil	Dr. K Lakshmeesha Upadhya Dr. Sindhu MA



YENEPPOYA  
(DEEMED TO BE UNIVERSITY)  
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24	15.11.21 to 20.11.21	Cerebral Palsy	Naringana	3	Nil	Dr. K Lakshmeesha Upadhya Dr. Sindhu MA
25	28.11.202 1	Free Medical Camp	Hanagal	415	Nil	Dr. Lakshmeesh Upadhya Dr. Balakrishna Kumar A Dr. Adarsh D Raj Dr. Vasudev R
26	4.12.2021	Awareness camp	Naringana	59	Nil	Dr. Vidhyaprabha R
27	9.12.21	Free Medical Camp	Varkady	105	Nil	Dr.K Lakshmeesh Upadhya Dr. Pradeep Kumar Dr. Priya Pradeep Dr. Sahl Dr. Saritha AK
28	14.12.2021	Eye & ENT screening	Manjanady	36	Nil	Dr. Pradeep kumar K Dr. Akshatha Bhat Dr. Santhosh Kumar K
29	20.12.2021 to 22.12.2021	Spine Care	Naringana	90	Nil	Dr. Gururaja H Dr. Adarsh D Raj Dr. Vasudev R

## Collaboration File-M.O.U

Sl. No	MOU	Under	Date
1	GIVE Academy	Education and Skill Development	01/07/2021
2	District AYUSH Office Mangalore	AYUSH Health and Wellness Centers Under Ayushman Bharat	03/08/2021
3.	SDP Ayurveda	Education and Skill Development	Under process
4.	SDM Ayurveda Pharmacy	Education and Skill Development	Under Process

## **Student Support, Progression and Career guidance**

Yenepoaya Ayurveda Medical College & Hospital by adopting new methods in pedagogy offers versatile student support system. Resources offered facilitate the learners in their outstanding escalation.

- Students benefitted by scholarships, freeships and fee-waiver facilities by the University.
- Anti-Ragging committee
- Gender sensitization cell
- Student grievance redressal cell
- Mentorship program
- Student council

### **Academics**

- Online /offline mode of informative lectures.
- Simulation center facility.
- Hands on training in teaching pharmacy.
- Library facility along with access to e-Library
- Yengage portal
- Versatile herbal garden
- Field visits: Pharmacy, museum and herbal garden visits.
- Advance learners and slow learners protocols.
- Bed side clinics
- Revelation to classical Ayurveda treatment methodologies.

## Campus life and Annual events

YAMCH campus is more than an institution of higher learning; where learners of diverse cultures come together for study both academic and moral values. Campus provides an ideal environment for young minds to discover new ideas, encourage resourcefulness and independent thinking.

### Annual events :2019 -2020

1. National youth day, Organised by Department of Samhitha sidhantha, Jan 12, 2019. A poster presentation competition was held on the topic of “Role of Youth in Health Sector. The formal event was presided by Mrs. Sunitha Prabhu, Student Welfare Officer, Yenepoya University. Dr. C V. Raghuveer, Pro Vice chancellor Ayush Camps, Dr. S G Prasanna Aithal Dean, Yenepoya Ayurveda Medical College & Hospital.



Formal event was presided by Dr. C V. Raghuveer, Mrs. Sunitha Prabhu, Dr. S G Prasanna Aithal

2. With prior permission from the Registrar “World Earth Day “celebration was carried out on April 22<sup>nd</sup> 2019. Venue: Yenepoya Ayurveda Medical College, Ayush Campus, Naringana Time: 11.30-1.00 pm, Guest speaker: Dr Bhagya Sharma, Assistant Director, Environmental studies, Yenepoya (deemed to be) University



Inauguration of the program was done by lighting the lamp

3. World Health day celebrations on 07-04-2019 and 08- 04-2019. organized a health awareness camp on 7<sup>th</sup> April at Mangaluru University and on 8<sup>th</sup> April, we had scientific events like Inter College Quiz and CME on the topic “Tridosha Siddhanta”.



Chief guest for the inauguration

4. On the occasion of world Oral health day 2019, an awareness programme was held in Xavier's degree college Asaigoli on 02-05-2019. The programme commenced at 10.30 am and concluded at 11.30 am. Total students attended were 160.



Students of Xavier's degree college Asaigoli

5. Yenepoya Ayurveda Medical College and Hospital Naringana, A Unit of Yenepoya University, Department of Prasuti Tantra & Stree Roga has conducted an awareness camp on behalf of “World Menstrual Hygiene Day” at Al-Madeena Women’s PU College, Thoudugoli, Mangalore, on 28/05/2019 from 10am to 12pm.



“World Menstrual Hygiene Day” at Al-Madeena Women’s PU College, Thoudugoli,

6. World asthma day celebration, **Date** :07.05.2019**Venue** :Anganvadi – Asaigoli – Konaje, mangalore, **Associates**: Yenepoya Ayurveda medical College, Streeshakthi sangha, Jases Chamber, Anganvadi Kendra Asaigoli – Konaje, **Department involved**: RogaNidana, Kaya chikitsa department of YAMCH, **Time**: 10.00 am to 1.00pm



Anganvadi Kendra Asaigoli

7. International day of yoga, Department of swasthavrutta and yoga of Yenepoya Ayurveda Medical College and Hospital, Naringana, Mangalore. A Unit of Yenepoya (Deemed to be) University, has conducted basic yoga training programme from 10/06/2019 to 20/06/2019, For first year BAMS students and staff, to create awareness about Yoga. Total number of participants 125.



Yoga session

8. “Vanamahotsava Saptaha” was celebrated on 6<sup>th</sup> July, 2019. Venue: Yenepoya Ayurveda Medical College, Ayush Campus, Naringana Time: 2.30 pm onwards. The program was inaugurated by Respected Registrar, Dr. Gangadhara Somayaji by planting the sapling. Saplings were also planted by our Pro Vice Chancellor, Dr CV Raghuvver, our Dean Dr. S. G. Prasanna Aithal, Dean-Yenepoya Homoeopathic Medical College Dr. Vivekananda Vernekar.



Yenepoya Ayurveda Medical College

9. July 28<sup>th</sup> is observed as the “World Hepatitis Day” in order to raise global awareness about the disease Hepatitis. On account of this, Department of Kayachikitsa of Yenepoya Ayurveda Medical College and Hospital has conducted Hepatitis Awareness Programme” on 30-7-2019 at Kunil PU College, Natekal, Mangalore.



Dr. Shilpa. K, gave an informative talk

10. Nutritional day, On September 3<sup>rd</sup>, 2019, an awareness programme was conducted at Hira women's Pre University college, Babbukatte, Mangalore. The awareness programme was conducted on account of National Nutritional week by the departments of Kayachikitsa, Swasthavrutta and Yoga, Prasoothi tantra and stree roga of Yenepoya Ayurveda Medical College and Hospital, Naringana.



Nutrition for Healthy Living – by Dr Supriya S

11. Sanskrit Language Learning Programme (SLP) was conducted in between 18<sup>th</sup> September 2019 to 1<sup>st</sup> October 2019 from the department of Samhita and Siddhanta at Yenepoya Ayurveda Medical College, Naringana.



Inauguration of SLP was started by lighting the lamp with prayer

12. “National Ayurveda Day” was celebrated at Yenepoya Ayurveda Medical College and Hospital, Naringana on 26<sup>th</sup> October 2019 from Dept. of Samhita and Siddhanta. Dr. Raghavendra Rao S., Prof., Dept. of Swasthavritta from Karnataka Ayurveda Medical College, Mangaluru was invited as Chief Guest for the event. Dr. Shubada V.I., Principal (I/c) of YAMCH was Guest of Honour. Dr. Thannusree N. Nair and Mr. Jnanesh Marathe were programme co-ordinators.



National Ayurveda Day inauguration

13. “Armed Forces Flag Day” was jointly organised by NSS Unit, Yenepoya Ayurveda Medical College and Hospital and NSS Unit, Yenepoya Homeopathic Medical College and Hospital on 19<sup>th</sup> December 2019 at 03:00pm, Auditorium, YAMCH.



Armed Forces Flag Day inauguration

Mr. Vikramdatta, CHEAR, Indian Navy was invited as Chief Guest. Dr. C.V.Raghuvier Pro-VC, YU was presiding officer, Dr. Gururaja H., Dean, YAMCH and Dr. Vivekananda V. Vernekar, Dean, YHMCH were on dais.

## Annual events: 2020-2021

1. Cervical and Breast Cancer awareness programme was conducted at Al-Madeena school, Manjanady on 29/01/2020 on behalf of “National Cervical Cancer awareness month” and “National Breast Cancer awareness month”. Two awareness sessions were conducted by the doctors of Department of Prasuti tantra and Stree roga, Yenepoya Ayurveda Medical College and Hospital, Manglore.



Cervical and Breast Cancer awareness programme

2. “Vanamahotsava” and inauguration of Ayur-Vana Nursery celebrated on 6<sup>th</sup> July, 2020. Venue: Yenepoya Ayurveda Medical College, Ayush Campus, Naringana Time: 10.30am-11.30am. The Ayur-Vana Nursery was inaugurated by Respected Pro VC Dr. C V. Raghuveer, by cutting the creeper which was kept as a barrier. Dean Dr. Gururaja H. bought a plant as token of inauguration. Nursery was inspected by Pro VC Dr. Raghuveer C V, Principal Dr. Gururaja H. and Medical Superintendent Dr. Lakshmeesha Upadhyia.

 YENEPOYA (DEEMED TO BE) UNIVERSITY   
YENEPOYA AYURVEDA MEDICAL COLLEGE & HOSPITAL  
NARINGANA  
Department of Dravyaguna  
celebrating  
“Vanamahotsava”  
Inauguration of AYUR VANA - NURSERY

Inauguration – Dr. C.V. Raghuveer  
Pro vice-chancellor Yenepoya University  
Special Guest – Dr. Lakshmeesh Upadhyia  
Medical Superintendent YAMCH  
Invitee – Dr. Gururaja H  
Principal, YAMCH

@ Ayush campus Herbal Garden  
Date: 6<sup>th</sup> July 2020  
Time: 10.30 am – 11.30 am

Welcome To All

3. With the prior permission of the Registrar, Department of Dravya Guna in collaboration with Department of Rasa Shastra and Bhaishajya Kalpana carried out the Aati Kashaya distribution on 20-07- 2020 at AYUSH campus, Naringana.



Kashaya preparation

4. Substance free campus oath taking programme, Substance Abuse Prevention satellite Unit of Yenepoya Ayurveda Medical College Naringana , a unit of Yenepoya ( Deemed to be) University has organised Oath taking programme at YAMCH auditorium on account of Substance free campus on 1<sup>st</sup> January 2021 at 12.30 PM .



Oath taking programme

5. A guest lecture on Research in Ayurveda was organized under the banner of personal and professional development program on February 12<sup>th</sup> 2021. Venue: Yenepoya Ayurveda Medical College, Ayush Campus, Naringana, Time: 10.30am – 2.30pm, Number of participants: 38, Guest speaker: Dr Sathyanarayana B, Principal, Muniyal Institute of Ayurvedic Sciences, Manipal.



Dr. Sathyanarayana B, Principal, Muniyal Institute of Ayurvedic Sciences, Manipal.

6. On the occasion of “World hearing day” a free Ear disorder screening camp was conducted by the department of Shalaky Tantra on **02. 03. 2021**. The camp was organized at **Karnataka wood industries** factory at Manjanady and 21 factory workers were screened for various ear complaints. All the beneficiaries were dispensed with free medicines.



Screening of patient

7. Charaka-Tatwavabodhini Workshop, Charaka Tatwavabodhini workshop was organised in between 86 March 2021 to 13fr March 2021 from the Dept. of Samhita and Siddhanta at Yenepoya Ayurveda Medical College and Hospital, Naringana'



Inauguration of the programme

## Best Practices

### **Research activities:**

Yenepoya Ayurveda Medical College and hospital, foster research culture by inculcating research projects.

To initiate the research inclination, Undergraduate students of Yenepoya Ayurveda Medical College and Hospital are sensitized in basic principles of research to initiate Student research.

## Key Achievements

- MOU
- AYUSH Kwatha launch-An effective immune booster to combat Pandemic.
- Swarna prashana - To enhance immunity and well being in children
- Functional teaching pharmacy with 22 classical formulations and dispensing.
- Department of Prasuti Tantra & Kaumarabhrithya conducted 40 deliveries.
- Department of Shalya Tantra has carried out 35 ano rectal surgical interventions.

## Awards and Recognition

### : Faculty Awards:

<b>Best Teacher Award</b>	Dr. Mrudula K S (2019)
	Dr. Shubada V I (2020)
	Dr. Thanusree Nair (2020)
	Dr. Jnanesh Marathe (2020)
<b>Ph D Fellowship</b>	Dr. Jnanesh Marathe
<b>Academic Excellence</b>	Dr. Priya S R Nair (Gold Medalist – RGUHS)

## Future plans of the Institution

### Academics:

- To commence Post graduation and Ph.D program.
- To institute well equipped GMP Certified Pharmacy.
- To establish peripheral O.P.D as day care centers.
- Certificate and value added courses.
- Yearly conference.
- Medicinal Plant Nursery.
- Manuscript Museum.

### Research:

- Establishing the Research center-“YENARC” for research activities.
- Seed grant Projects.
- Patents.
- CCRAS research projects.
- ICMR research projects.