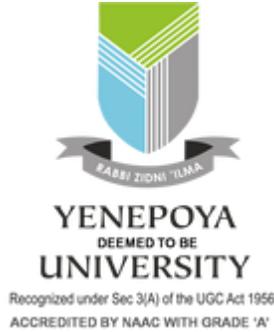


# **YENEPOYA AYURVEDA MEDICAL COLLEGE & HOSPITAL**

(Constituent College)



## **YENEPOYA UNIVERSITY**

(Deemed to be University)

Accredited 'A' Grade BY NAAC

## **ACADEMIC CALENDAR WITH REGULATIONS**

**2022-2023**

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# **YENEPOYA UNIVERSITY**

## **❖ ABOUT YENEPOYA UNIVERSITY**

Emboldened by the overwhelming positive response of the community and the students, the management perceived a need to develop into a University, where autonomy and self-reliance would place the institutions on the global map and would internally motivate them to higher levels of excellence. The IAE sponsored the formation of a new trust, the Yenepoya(Deemed to be University), which after due process of inspection by the University Grants Commission (UGC), was recognized by the Ministry of Human Resource Development, Government of India on 27 February 2008, vide their notification No. F.9-11/2007-U.3(A). Yenepoya (Deemed to be University) is the first private University in the District of Dakshin Kannada (South Canara).

The University maintains its social commitment through conducting free medical, eye & dental camps, in the community. It has also adopted 2 nearby villages for comprehensive and total health care and prevention (Kotepura&Balepuni). Special attention is being given to identify and treat HIV patients. We offer total health care support to a local HIV/AIDS Care and Support Centre. The YMC also runs Prevention of Parent to Child Transmission (PPTCT) & Integrated Counseling and Testing Centre (ICTC) programmes.

## **❖ Vision**

To provide access to quality higher education, ensuring equality, to create a vibrant knowledge capital and to create inspiring leaders of tomorrow who can take this country to the forefront of the developed nations.

## **❖ Mission**

- To achieve academic excellence and global competencies among students.
- To create an environment for the generation of new knowledge through meaningful research, adopting latest methods of pedagogy and incorporating modern principles of academics integrated with highest ethical standards.
- To extend the knowledge acquired and new knowledge generated for the development of the community.

## ❖ Objectives

- To be at the forefront of innovation by consistently up dating curriculum, course content and practices enabling the students to be competent and well versed in the respective field of study.
- Provide use of cutting edge technology and resources available to ensure effective transaction of the course content.
- To complement classroom learning with interactive learning systems and hands on learning by creating a collaborative Industry University Interface.
- Provide freedom to continuously evaluate the evaluation systems and be at the forefront of innovation to enable and incorporate best practices.
- To promote research in the frontier areas of the subject by encouraging the faculty and students by inculcating ethical principles in research.
- To facilitate knowledge exchange by organizing seminars, symposia, workshops, lectures and other such activities.
- To facilitate communication and collaboration with academia, industry and society.
- To create advanced centres of research by developing state-of-the art facilities and meaningful collaborations.
- To sensitize the students towards the social responsibilities by incorporating value education system.
- To extend the university services to the community for building a healthy, empowered and sustainable society.
- To build human resources and develop technologies to respond to the professional needs of the society.
- To take up extension and outreach programs to serve the community.

# **YENEPOYA AYURVEDA MEDICAL COLLEGE AND HOSPITAL**

## **About The College & Hospital**

Yenepoya (Deemed to be University) is a reputed institution renowned for its integrity, commitment to quality and excellence in service to the society. The University has been accredited with A grade by NAAC. Yenepoya Ayurveda Medical College & Hospital emerged as a humble thought by the Management of Yenepoya (Deemed to be University) with a vision to bring Ayurvedic system of Medicine to the mainstream healthcare system and was officially launched in 2015 as Yenepoya Ayurveda Health Center at Kankanady, Mangalore.

With the unrelenting dedicated efforts of the staff, the institution has only grown day by day. Now, Yenepoya Ayurveda Medical College & Hospital stands tall amidst the AYUSHGRAM Campus spread over 88 acres of land in the lush greenery of Naringana village, 5 km from Mangalore's Medical town Deralakatte. Yenepoya Ayurveda Medical College & Hospital is the first institution of this region which aims to be the prime institution in Mangalore's Ayurvedic health care.

Yenepoya Ayurveda Medical College & Hospital brings you a world class experience in the pristine surroundings of a tranquil village in Dakshina Kannada. Nature is the closest companion of the campus that houses the institute offering the best of health care education. The salubrious climate and environment in the campus and its surroundings are ideally suited for higher learning and research.

**“Vidyamathihkarmadrushti: abhyasa: sidhirashraya:  
Vaidyashabdaadinishpathaavaalmekaikamapyathe:” ( Cha. Su. 9/22)”**

A student who aims to be an eminent physician needs to be taught Ayurveda in an intellectually challenging environment by a teacher who has in-depth knowledge in the science. He should be trained in all modalities of treatment with abundant opportunities to hands on experience under the stewardship of erudite teachers"

We at YAMCH are committed to provide quality education to the students, and constantly strive to produce outstanding Ayurvedic physicians, teachers and researchers. Yenepoya Ayurveda College is all set with necessary infrastructure and facilities along with experienced teaching faculty as well as physicians.

The Academic Block of the college houses the first year Departments of RachanaShareera, KriyaShareera, and Samhitha&Sidhanth as well as second year Departments of Dravyaguna, Roga Nidana, Rasashastra evam Bhaishajyakalpana Agada Tantra, Swasthavriha, Prasuti Tantra and Kaumarabhritya. Each department has its own research labs, staff rooms, and demonstration rooms with audio-visual aids, departmental library, seminar room, museums and other facilities as per the CCIM Norms.

The main library spread over 3000 Sq. ft. comprising of a digital library is located in the Academic Block. The library has ergonomically designed seating and lightings to provide comfort and privacy to the users. The library is stocked with 6000 books including modern as well as Ayurvedic texts, around 15 international and national journals. The collection is being continuously updated with new editions of Books, Journals and periodicals.

The Academic Block houses lecture halls well equipped with audio-visual aids, LCD projectors, and cordless microphones excellent seating arrangements.

Yenepoya Ayurveda Medical College has a 100 bedded hospital with excellent infrastructure, offers both general and specialty care (both OPD and inpatient) at highly subsidized rates to the people of Dakshina Kannada and North Kerala. The clinical departments like Kayachikitsa, Shalyatantra, Shalakyatantra, Prasutitantra etc are housed in the hospital complex.

Our institution focuses on providing multifaceted avenues for the development of each student.

“We have taken to heart the revolutionary spirit that founded our university and encourage each other to pursue unpredicted lines of thinking in order to effect change on local and international scales.”

## LIBRARY & INFORMATION CENTRE

The college has an exclusive library spread over 3000 Sq. ft. comprising of a digital library is located in the Academic Block. The library has ergonomically designed seating and lightings to provide comfort and privacy to the users. The library is stocked with 6000 books including modern as well as Ayurvedic texts, around 15 international and national journals. The collection is being continuously updated with new editions of Books, Journals and periodicals.

The College library also provides:

- 1.Reference
2. Circulation of documents
3. Literature search (Online & CD-ROMs Databases)

4. Wi-Fi Internet Facility

5. On-line Databases

## **ADDITIONAL INFORMATION**

### **1. Induction Programme**

Every year an induction programme is conducted for all the UG students. This programme provides an orientation to medical course. All the faculties are introduced to the students & parents. The students are taught do's & don'ts in medical education. The programme also provides the platform for BAMS students to get acquainted to the needs of medical education.

### **2. Mentorship Programme**

The college has a mentorship programme for student support and monitoring in their academic and social performances. The mentors and mentee meet periodically and discuss the problem both academic & social. Apart from classroom interaction, student who require extra academic support are identified and tutorial classes are provided to enhance their learning abilities so as to cope with the academic requirements and expected outcomes.

The students' progress report is periodically sent to the parents for information.

### **3. Campus Facilities**

Library, Museum (Sareera Rachana, Sareera Kriya), Lecture halls and demonstration rooms, Transport, Pharmacy, Food court and telephone facilities are available inside the campus.

### **4. Sports**

The campus has facilities for Football, Cricket, Hockey & various other sports activities. Basketball, Volleyball & Tennis courts are provided for, near the hostel premises. The indoor sports centre has facilities for Badminton, Table Tennis and it also houses a well-equipped Gym.

### **5. Hostel facilities**

Separate Hostels are provided for Men and Women with a capacity of 500 each within the Campus. All the rooms are well furnished and well equipped. The students are expected to stay in the hostels throughout the period of their study. The hostels have facilities to cater to both vegetarian & non-vegetarian students. The rooms are provided the basic amenities, attached mess, TV room, recreation room, and basketball & volleyball courts & visitors area. Each hostel is managed by a Chief Warden and two Assistant Wardens.

## **6. Important Note**

“Ragging is prohibited as per the decision of the Supreme court of India in written petition no.(c) 656/1998. If an incidence of ragging comes to the notice of the authority, the accused student will be given an opportunity to explain and if the explanation is not satisfactory the authority will initiate suitable action against the accused student”.

Also sexual harassment is strictly prohibited as per UGC guidelines & is punishable under various provisions of IPC.

## **RULES & REGULATIONS**

Every boarder must acquaint himself/herself with the rules and regulations of the hostel. He /She must obey these rules strictly. Ignorance of rules will not be accepted as an excuse. ANY CASE OF BREAK OF DISCIPLINE SHALL BE DEALT WITH VERY SERIOUSLY.

### **Discipline:-**

1. Every student is required to be present punctually for lectures, practical's and clinics.
2. Student should attend all tests and assignments without fail.
3. Prior permission from the principal should be obtained for leaving the station during working days except after the university examinations. After the university examinations, permission from the warden shall be taken. During study holidays the students will not be permitted to go home. During public holidays or weekends Deputy Chief Warden's/Campus Officer's permission has to be obtained.
4. Any absence should be reported in the proper leave letter duly signed by the parents/guardian/warden. In case of medical leave a medical certificate should be submitted. SUBMISSION OF MEDICAL CERTIFICATE DOES NOT AMOUNT TO EXEMPTING THE ATTENDANCE REQUIREMENTS.
5. Students should submit/produce record books/work books duly completed and signed by staff on or before the notified time. Non-compliance will be viewed seriously and subject to disciplinary action.

6. When the teacher enters the class room, the students shall get up and wish the teacher good morning/ good afternoon as the case may be. When the attendance is taken by the teacher each student as his/ her name or roll no. is called, must get up from the seat and answer to his/ her name.
7. No student shall enter the classroom without permission once the Teacher enters in. No one will leave the classroom until the teacher leaves or orders/permits the student to leave the class.
8. Students are expected to be seated in the classroom 5 minutes before the scheduled time.
9. The students shall keep the laboratory, classrooms, hostels, etc., neat and tidy and shall not cause any damage to the furniture, equipment's, building or any other property. Any damage to the property should be reported to the Principal and the student shall replace or reimburse them as ordered by the Principal.
10. Strict silence shall be maintained in the laboratory, lecture rooms, hospital and clinics and LIBRARY.
11. Every student shall be cordial with the teachers at all times.
12. Smoking and consuming alcohol within the campus or premises of hostel or outside is strictly prohibited.
13. Every student shall possess the required books, instruments.
14. ANY KIND OF RAGGING IS STRICTLY PROHIBITED. INVOLVEMENT IN RAGGING IS A SERIOUS CRIMINAL OFFENCE. THE STUDENT GETS INVOLVED IN RAGGING IS LIABLE TO BE DISMISSED FROM THE INSTITUTION AND ALSO LIABLE FOR CRIMINAL PROSECUTION BY THE POLICE AS PER THE RULES. If any one notices any ragging the same should be reported to the Principal immediately.
15. Disobedience, insubordination, disorderly behaviour, use of abusive language, etc. shall not be tolerated in the college and hostel premises. High discipline shall be maintained inside and outside the campus.
16. Mobile Phones are not permitted in the Academic Block/ Administrative Block and the Teaching Hospital strictly. If found, apart from seizing the mobile(which will not be returned) disciplinary action will be initiated.

**Dress Code:-**

1. Students should be neatly dressed.
2. Students should wear the work coat (apron) in the laboratories, clinics and in the hospital.
3. Neither boys nor girls are permitted to wear jeans and T-shirts during class hours.

**Attendance:-**

1. Every student must put in 75% attendance in theory, practical and clinical separately in each of the subject. Certificate of attendance will not be issued until the student puts up the required attendance.
2. Students having shortage of attendance shall have to repeat the term in order to be eligible to appear for the university examinations.

**Special Instructions for Hostel Students:-**

- Chief Warden/ Wardens will allot the hostel rooms at the time of admission.
- No boarder is allowed to shift from his/her allotted room to any other room without written permission from the resident warden.
- Rooms once allotted to the students for an academic year will normally not be changed, unless there is a convincing issue.
- Boarders are expected to keep their rooms clean, tidy and maintain cleanliness. No rubbish should be thrown into the wash basin, drain, corridors or outside the rooms or in surroundings. The bins kept for this purpose should be used.
- Every boarder shall leave the hostel room clean at the time of vacating his/her hostel seat failing which the warden/ Senior Resident Warden shall not issue clearance certificate to the boarder(s).
- Boarders shall close the water taps before moving out of the room
- Boarders shall not remove common room articles, dining hall utensils, furniture and other articles of the hostel from their normal place without the prior written permission of the hostel Warden/Senior Resident Warden.
- Boarders shall not use any electrical appliances such as electric heaters, electric stoves etc. In their rooms. However, boarders may use computers and music systems in their rooms.  
– Music should not disturb the other inmates.
- The rooms, common areas and surroundings should be kept clean and hygienic. Pasting anything on to the walls is prohibited and walls shall not be scribbled on.

- For seeking leave from the hostel, the boarder must submit the application form supported with parent request. A boarder must obtain prior written permission from the competent authority before proceeding on leave. Students are required to get the signature of the local guardian/parents on the leave return form and submit the same to the warden/ hostel office after their return.
- Absence from the hostel without prior permission from the principal & proper communication to resident/asst. warden is to be considered as an act of gross negligence and misconduct and would be liable for disciplinary action as per rules.
- A boarder has to return to his/her hostel latest by 6:30PM. Students should strictly abide to the hostel timings. Attendance will be taken twice after 6:30 PM. It is compulsory for each boarder to be present personally at the time of attendance. Absence during night roll call will be considered as absence without permission and will be liable for disciplinary action.
- All residents are required to maintain standards of behaviour expected of students of a prestigious institution such as ours. They are expected to behave courteously and fairly with everyone both inside and outside the campus.
- Ragging of any sort is strictly prohibited. Any complaint received regarding this will be dealt very seriously.
- It is the responsibility of each and every student to safeguard his/her personal belongings such as books, laptops, clothes etc. Jewellery money and other valuables should be kept under lock and key. The management is not responsible for any loss of items. In case the keys are lost, the student should inform the Sr. Resident Warden immediately.
- Students may use canteen provided in the premises but no food will be allowed or supplied to the rooms. The students cannot take any food from the mess to the rooms.
- Students should not allow any guests to their rooms at any time. They shall meet the visitors in the reception area with the permission of the warden.
- Parents should not visit their wards without the parent pass.
- In case a student is found to be missing or absent from the hostel for more than 6 hours matter should be immediately brought to the notice of the chief warden by the Asst. Warden or by the students. The chief warden in turn will keep the Principal/SWO's/Security officer/Campus security officer alerted. In the event of the student remaining untraced the parents should be alerted and thereafter the concerned Principal will decide about alerting the local police for suitable help.
- All residents are required to wear their valid Identity cards issued to them by the institute.

Student Welfare Officer's contact numbers:-

Obeida Shoukath :- 9945144399

Sunita Prabhu:- 9343340093

Dr. Vidhyaprabha R:- 6363409207

### **Advice to Parents:-**

- Parents should instruct their ward to obey all the rules and regulations of the College, Hostels and Hospitals as existing from time to time.
- The wards should be told not to cause any damage to any of the properties belonging to the college, hostel or hospital. In view of preserving national resources kindly instruct your ward to prevent wastage of electricity and water. They should not dirty the campus/hostels/classrooms or any other premises/building.
- The students should be instructed to attend all the tests and assignments without fail and to follow the timings strictly in the College and Hostel. Kindly instruct your ward to be always well dressed, neat and tidy.
- Instruct your ward to attend all the classes regularly and that unless they acquire 75% attendance in the lectures, practical's and clinical, separately they shall not be eligible to appear for the University examination.
- The attendance and marks obtained in tests is sent to parents 'registered e-mail on monthly basis. Daily attendance (absence) data is also sent to parents by SMS service. They can communicate with the Principal for any clarification, if necessary.
- A student who remains absent from class with prior permission will lose one attendance for that class. Fine will be imposed for absence without permission as per the rules framed from time to time. Parents of those students who remain absent for three or more classes will be required to give explanation and pay necessary fine.
- The parents/guardians should attend the 'Parent-Teacher-Students' Meetings as and when called for by the respective Principals.
- The parents/guardians are always welcome to communicate with the Principal/Principal Coordinator for any information regarding their wards.
- The parents/guardians shall make it a point to verify whether their wards are paying the college fees, hostel fees, etc. in proper time. Fees paid after the last date shall incur penalty as decided by the University.
- Students will be sanctioned leave only during college holidays and in emergencies. No leave shall be permitted for any functions, marriages, etc. as this is a professional college and frequent leave will upset the teaching schedule and the academic performance.
- Over staying more than the sanctioned leave period will be dealt with strictly and students should report with parents while re-joining without fail. Keeping the students an extra day at home and giving them leave letters will not be permitted.
- The parents/guardians shall strictly instruct their wards to go home for the holidays only after the last class of the day is over.
- Absence from hostel and leave without permission will attract immediate disciplinary action.
- Any type of ragging is strictly prohibited and punishable under law. In case of any such incident an F.I.R. will be filed immediately with the police authorities.

- The students are not permitted to use two wheelers/four wheelers etc., either in the campus or outside.
- Outsiders/Parents shall not be permitted in the hostel after 6.00 p.m. Guests/Parents are permitted only up to the Visitors room in the hostels.
- It is compulsory that all the students shall stay in the Hostel. Students whose parents are staying locally can be permitted to stay with their parents provided the parents meet the concerned Principal and the Principal is satisfied with the bonafides of the request.
- The parents of the concerned students shall declare the local guardian and the local guardian who is nominated shall give an undertaking to this effect.
- A person can be local guardian for only one student in normal cases. However, for brothers/sisters a single person can be the local guardian. A student of another College cannot be a local guardian.
- The parents are advised not to own or have rented accommodation near the campus for their temporary stay while at Mangalore. This may lead to misuse by their ward and the Management strictly advises the parents to follow this regulation.
- The fees once paid will not be refunded under any circumstances. Please also note that, should you withdraw from the program prematurely i.e., before completion of the said program, you are required to pay the balance of the tuition fee for the entire program before you are allowed to withdraw from our College.

### **EXAMINATIONS:-**

Three internal assessment examinations are being conducted regularly as a part of training to assess the progress and preparedness of the students. The examination shall be open to a candidate who satisfies the requirements of attendance, progress and other rules laid down by the University. (75% attendance in all exams appearing subjects). It is compulsory to attend all the internals. No examination shall be missed on self presumption and assumptions that they are not essential or with the hope that the student can appear in the next examination. The absentees will be marked zero and average of three internal assessment marks will be calculated. Retest will not be conducted on any grounds.

During theory examinations:

While writing theory examinations the students are advised to observe the following;

- Attend or enter the examination hall in time
- Should attend all the exams with admission tickets without any fail
- Should not carry mobile phones, any electronic gadgets, chits, slips, or any written matter into the hall
- Should not do any act which may make them liable to be booked under mal practice.

During Practical Examinations:

- Should wear neat and white aprons
- Should bring the admission tickets with them on each day of the examination
- Bring the required instruments and other accessories.
- Bring the record books of work done which are duly certified by the Head of the Department.

## **LIBRARY RULES**

- Library Timings
  - Monday to Saturday :- 9:00 am – 1:00pm  
2:00pm – 4:00pm
- All the students/scholars and outsiders entering the Library shall keep their bags and other personal belongings at the entrance.
- All the readers are advised not to leave their valuables at the Check Point. Library is not responsible for any loss of personal belongings.
- ID Card should be compulsory for entering into the library.
- Books removed from the shelves, if not required further, should be kept on the table nearest to them in the PG library. Please do not try to shelve them yourself. Please remember that a book misplaced is a book lost. All files, books and notebooks must be presented to the Library staff at the circulation desk for inspection while leaving.
- Newspaper should be used at the newspaper desk and cannot be taken outside or inside the library.
- Readers should not deface, mark, cut, mutilate or damage library resources in any way. If anyone is found doing so, he will be charged the full replacement cost of the resource.
- All the students/scholars are required to bring their recent passport size photograph while applying for Library membership.
- UG students can borrow 1 book from the issue shelf for a period of 3 days and 3 books from the reference shelf.

- The Reference books must be returned on the due date between 9.00 am to 10.00 am and issued books on or before the due date. Books are issued upto 4.00 pm on weekdays.
- There will be an overdue fine of Rs. 10.00 for issue book and Rs. 50.00 for Reference book.
- Students are advised not to issue books to others on their names. Reference Documents like Dictionary, Encyclopedia, Year Books, Journals (Loose & Bound), Theses, Project Reports, will not be issued out.
- Borrower must make good the loss by replacing library material with same or latest edition. Duplicate library borrowers card shall be issued on payment of Rs 200/-
- Conversation and discussion disturbs library ambience. Therefore, all are requested to maintain dignified silence.
- Smoking is not permitted in the Library.
- All users are requested to keep their mobiles in silent mode
- Beverages and Eatables are not allowed inside the library.
- No visitor or guest is permitted to use the Library without obtaining library membership. Visitors are charged Rs.500.00 for their library use.
- No photograph of the Library shall be taken without the prior permission of the Librarian.
- The Library reserves the right to call back any issued book/item at any time.

### **DIGITAL LIBRARY – ACCEPTABLE USE AND CODE OF CONDUCT**

1. Enter your name & sign in the register kept at the entrance counter before entering digital library
2. Mobile phones are to be switched off or to be kept on silent mode.
3. Digital Library timings: 9.00 am to 4.00 pm
4. Silence shall be observed at all times.
5. Engaging in conversation / discussion / group study inside the digital library is strictly prohibited
6. Do not install or uninstall any program or service in any computer
7. Computers / internet are for education use only. Accessing unauthorized sites, playing games, chatting etc are strictly prohibited.

8. Maximum use of digital library facility to UG students is 1 hour/day
9. Chewing of gums & consuming beverages inside the digital library are not allowed.
10. Users may not tamper with any equipment inside the digital library, especially the computer system. In case of hardware/software problems, they may contact the staff on duty.
11. Please co-operate with digital library staff.

**Yenepoya University Central Library - Additional Rules**

**Timings:**

- 9:00 am to 12.00 midnight -week-days
- 9:00 am to 12.00 noon & 4.30pm to 12.00 midnight -Fridays
- 9:00 am to 1.00 pm - Sundays & Public Holidays
- 9:00 am to 12.00 midnight -on all days during examinations

- Entry to the library is regulated through the biometric access control system. (All Students coming to the library shall first get themselves registered at the library with their biometric data between 3.00pm to 4.00pm on week-days.) All library users shall provide their biometric data at the library entrance during entry and exit from the library.

**TRANSPORTATION:**

BUS TIMINGS			
To college	No.of bus	From college	No.of bus
9:00 am	5	4:00 pm	4
		5:00 pm	1

## **INTRODUCTION TO IQAC**

**National Assessment and Accreditation Council (NAAC)** in pursuance of its action plan for performance evaluation, assessment and accreditation and quality up- gradation of institutions suggests creation of IQAC.

**Internal Quality Assurance Cell (IQAC)** is a post – accreditation **quality sustenance measure**.

Since quality enhancement is a continuous process, the IQAC will become a **part of that institution's system** and work towards realisation of the goals of quality enhancement and sustenance.

The prime task of the IQAC is to **develop a system** for conscious, consistent and catalytic improvement in the overall performance of our institutions.

It will canalise all efforts and measures of the institution towards promoting its **holistic academic excellence**.

The work of the IQAC is the first step towards **internalization and institutionalization** of quality, enhancement initiatives.

Its success depends upon the **sense of belongingness** and participation it can inculcate in all the constituents of the institution.

It will not be yet another hierarchical structure or a record – keeping exercise in the institution.

It will be a **facilitative and participative voluntary** system/ unit/ organ of the institution.

### OBJECTIVES:-

- To develop a system for conscious, consistent and catalytic action to improve the **academic and administrative performance** of the institution.
- To promote measures for institutional functioning towards **qualityenhancement** through internalization of quality culture and institutionalization of best practises.

## **ONLINE PORTAL FOR STAFF, STUDENTS AND PARENTS**

Online Framework is envisaged to continuously evolve under a strategic operating model fulfilling many aspects of our University requirements in its quest to achieve excellence. It is expected that this portal enables the streamlining both academic and administrative processes of the University.

The online portal has a login for staff, students and parents.

The portal can be accessed anytime. Please select the login type and enter your username and password. The username and password will be sent to you on your mail ID. Kindly contact the IT department for any queries.

### **For students:**

- Students would be able to view their attendance, internal Assessment marks and important communications from the college and University.
- It will also serve as a one site portal for all your educational needs as online teaching learning resources will be provided.
- The portal also will be utilized for online student formative assessment.
- The students and parents will be paired to the respective mentor who will monitor the progress of your ward at YAMCH University.

### **For Parents:**

- Can access the attendance, internal assessment and progress of their ward regularly
- Can communicate with mentors to work towards progress of their children. With this we hope to bring a tremendous change in the student experience at the University and look for the way forward with your support in this direction

Wish you a happy browsing experience through our portal.

## **MENTORSHIP PROGRAMME AT YAMCH**

The mentorship program was started with aim of developing a better learning environment and to assist the mentee to take better control of his / her career. The focus of the mentoring program is on the personal and professional needs of the students. Mentoring will aid them to cope with the transition. It also helps them to combat the stress face them constructively, develop confidence and strive exclusively, develop confidence and strive exclusively on achieving the set tasks.

The students are allotted the mentors from their respective year faculty. Students need to meet the mentors once in a week and express their grievances if any. Parents need to be contact mentors regularly at least once a month to know the progress of their ward. Both teacher and parents have equal responsibility towards the progress of the students.

### **Instruction To Mentors:-**

- Meet the mentees once in a week – instruct/advice if necessary
- Collect the information from other departments
- Inform parents every month
- Arrange for counselling if needed
- Don't accept any favours from mentees
- Listen to the mentees problem, support and facilitate

### **Instruction To Mentees:-**

- Must meet mentors regularly during the working hours only, except during emergencies
- Not to remain absent without prior permission
- Take the initiative and meet the mentors for help Parents
- Be in touch with mentors regularly – at least once a month
- Not to offer any gifts to mentors.

## **INSTRUCTIONS REGARDING FEE REMITTANCE**

Instructions regarding fee remittance and other dues through RTGS/NEFT mode Yenepoya Ayurveda Medical College wishes to inform the parents regarding the system of fee payment and other dues through RTGS / NEFT mode introduced by the medical college.

### **Details for remittance:**

Beneficiary Name	Yenepoya Ayurveda Medical College and Hospital
Beneficiary Account No.	9991011000---- (Add Campus Id)
IFS code	BARB0VJFOUN (5 <sup>th</sup> LETTER IS 'ZERO')
Bank Name	Bank of Baroda, Lighthouse Hill Road, Mangalore
Branch	Founder's Branch
Branch Code	VJFOUN

Bank Acknowledgement must be submitted to fee section at college office without any delay and collect receipt not later than 48 working hours of remittance

### **Important Note:**

- No part payment of Fee is allowed.
- Please follow the remittance dates prescribed for each Course and Batch of Students
- Below Rs.2 Lakhs -Use NEFT mode. Above Rs.2 Lakhs - use RTGS.
- Subsequent yearly fee must be remitted immediately after completion of current year to avoid late payment fine levied.

## **RAGGING**

Yenepoya(Deemed to be University) does not tolerate ragging of any sort and intends to take all possible and precautionary measures to ensure that University Campus/Hostels are ragging free.

Yenepoya(Deemed to be University) would like to educate the students, especially the freshers and their immediate seniors about the implications and negative aspects of ragging.

The Anti Ragging booklet is issued to the students keeping in mind the above aspects. All the students are instructed to go through the contents of the Booklet and understand the implications of ragging and refrain from any act that may be termed as ragging with a view to maintain a salubrious atmosphere in the University conducive to professional and higher studies. University Grants Commission has prepared the model Regulations known as UGC Regulations on Curbing the Menace of Ragging in Higher Educational Institutions, 2009.

Reproduced hereunder is the excerpts and from the said UGC Act.

### **COVERAGE:**

The provisions under this Act apply to all the constituent Colleges (YMC/YDC/YNC/YPC including YMCH). It also covers the academic, residential, playgrounds, canteen etc., located within the Yenepoya(Deemed to be University), transportation of students - whether public or private.

**Objectives:** To prohibit any conduct by the student/s by words spoken or written or by an act which has the effect of teasing:-

- Treating or handling with rudeness a fresher or any other student,
- Indulging in rowdy or indisciplined activities causing or likely to cause annoyance, hardship or psychological harm or to raise fear or apprehension thereof.
- Asking any students to do any act that has the effect of generating shame/torment/embarrassment

**What Constitutes Ragging:** Ragging constitutes one or more of any of the following acts:

1. Any conduct by any student or students whether by words spoken or written or by an act which has the effect of teasing, treating or handling with rudeness a fresher or any other student;
2. Indulging in rowdy or undisciplined activities by any students or students which causes or is likely to cause annoyance, hardship, physical or psychological harm or to raise fear or apprehension thereof in any fresher or any other student;

3. Asking any student to do any act which such student will not in the ordinary course do and which has the effect of causing or generating a sense of shame, or torment or embarrassment so as to adversely affect the physique or psyche of such fresher or any other student;
4. Any act by a senior student that prevents, disrupts or disturbs the regular academic activity of any other student or a fresher;
5. Exploiting the services of a fresher or any other student for completing the academic tasks assigned to an individual or a group of students.
6. Any act of financial extortion or forceful expenditure burden put on a fresher or any other student by students;
7. Any act of physical abuse including all variants of it: sexual abuse, homosexual assaults, stripping, forcing obscene and lewd acts, gestures, causing bodily harm as any other danger to health or person;
8. Any act or abuse by spoken words, emails, post, public insults which would also include deriving perverted pleasure, vicarious or sadistic thrill from actively or passively participating in the discomfiture to fresher or any other student;
9. Any act that effects the mental health and self-confidence of a fresher or any other student with or without an intent to derive a sadistic pleasure showing off power, authority or superiority by a student over any fresher or any other student.

### **1. Preventive measures:**

- Our advertisements calling for applications for entrance test/admission to the course contain appropriate clause on ragging.
- The University/College brochures and prospectus also contain similar clauses on ragging.
- The application form for enrolment contains an undertaking on ragging to be signed by the candidate and also by the parent/guardian. These are obtained before admission to the course.
- Students seeking admission to hostel will have to give additional undertaking that they would refrain from ragging.
- At strategic points in the campus, posters are being exhibited highlighting negative aspects of ragging.

### **2. On Admission**

- Freshers are adequately advised on the evils of ragging. During Orientation, Heads of the institutions brief the freshers on the subject and warn them in matter.

- Senior students are addressed by the Heads of the Institutions to ensure that awareness is created about the negative aspects of ragging.
- A close vigil is kept on the students at the institutions/hostels. The Constituent colleges have formed common squad(both day & night squads for conducting regular & surprise visit for a period of 3 months to keep close vigil on the movement and activities of students/hostellers as a preventive measure.
- Counselling of students is done by the Mentors & Mentor Coordinators from time to time.
- Freshers are advised to contact the authorities(warden, Principal, Members on the Anti-Ragging Committee) for guidance should they face any untoward situation
- Principals of the constituent colleges have already informed their respective parents of senior students to warn their ward not involve in ragging.
- In separate sessions, the senior students are being apprised and warned by the senior faculty and senior University officials regarding the implications of ragging and punitive measures that would follow by the authorities.
- The Yenepoya University has installed CCTV cameras at all vital points
- Surprise inspection squads and regular night visits to hostels are being organised.
- Notice indicating the consequences of ragging is displayed at all promiscuous points
- Details of Anti ragging squad and phone numbers of the squad members are displayed so that the students can contact in case of emergency.
- All the teaching staff/Library staff/wardens at the hostels are instructed to maintain a strict vigil on the students
- Non-teaching staff especially the Lecture hall In charge, MRD staff, lift operators are instructed to be vigilant and request any untoward incident if noticed.
- The Yenepoya University has also involved the local Senior police Officials (like Commissioner of Police, Sr. Superintendent of Police D.K Dist.) in addressing the students about the implications of ragging and the legal consequences

### **3. Surprise visits to hostels by the Flying squads:**

A Flying Squad is constituted consisting of teaching staff, Hostel Wardens, Campus Administrative Officer and Registrar. The Flying Squad conducts visits to the hostels without any notice with a view to have first-hand knowledge on the behaviour of the students/hostellers and happenings in and around the hostels. The Flying Squad submits its report for taking corrective steps/disciplinary action as may be expedient.

**A strict vigil is maintained at all levels to ensure that the University/College campuses as well as hostels are ragging free.**

#### **4. Administrative action in the event of ragging**

The institution shall punish a student found guilty of ragging after following the procedure and in the manner prescribed herein under:

- The Anti-Ragging committee of institution shall take an appropriate decision, in regard to punishment or otherwise, depending on the facts of each incident of ragging and nature and gravity of the incident of ragging established in the recommendations of the Anti-Ragging Squad.
- The Anti-ragging Committee may, depending on the nature and gravity of the guilt established by the Anti-Ragging Squad, award, to those found guilty, one or more of the following punishments, namely:
  - a) Suspension from attending classes and academic privileges.
  - b) Withholding/withdrawing scholarship/fellowship and other benefits.
  - c) Debarring from appearing in any test/examination or other evaluation process.
  - d) Withholding results.
  - e) Debarring from representing the institution in any regional, national or international meet, tournament, youth festival etc.
  - f) Suspension/expulsion from the hostel.
  - g) Cancellation of admission.
  - h) Rustication from the institution for period ranging from one to four semesters.
  - i) Expulsion from the institution and consequent debarring from admission to any other institution for a specified period.

#### **In case of complaints IMMEDIATELY CALL**

UGC Anti-Ragging Helpline

**1800-180-5522 (24 X 7 toll free)**

**1800 - 425 – 4231**

Or send an email to

**helpline@antiragging.in**

## **SEXUAL /GENDER HARASSMENT PREVENTION**

**The following constitute sexual harassment (the list is only indicative and not exhaustive)**

- Demand or request for sexual favours
- Sexually collared remarks
- Showing pornography
- Other unwelcome physical verbal or non-verbal conduct of a sexual nature
- Eve teasing
- Unsavoury remarks
- Jokes causing or likely to cause awkwardness or embarrassment
- Innuendos and taunts
- Gender based insults or sexist remarks
- Unwelcome sexual overtone in any manner such as over telephone (obnoxious telephone calls) and the like
- Touching or brushing against any part of the body and the like
- Displaying pornographic or other offensive or derogatory pictures, cartoons, pamphlets or savings.
- Forcible physical touch or molestation
- Physical confinement against one's will and any other act likely to violate one's privacy

In case of grievances, kindly register your complaints at

**<http://www.yenepoya.edu.in/helpline.html>**

## PUNISHMENTS UNDER VARIOUS SECTIONS OF IPC

326A	Voluntarily causing grievous hurt by use of acid, etc.,	Imprisonment for not less than 10 years /imprisonment for life and with fine
326B	Voluntarily throwing or attempting to throw acid.	5 to 7 years imprisonment with fine
354	Assault or use of criminal force to woman with intent to outrage with fine her modesty	1 to 5 years imprisonment with fine
354A	1 Sexual harassment of the nature! of unwelcome physical contact and advances or a demand or request for sexual favours, showing pornography.	Upto 3 years or with fine or both
	Sexual harassment of the nature of making sexually colored remark	Upto 1 year or with fine or both
354B	Assault or use of criminal force to women with intent to disrobe.	3 to 7 years imprisonment with fine
354C	Voyeurism.(Any man who watches, or captures the image of a woman engaging in private act in circumstances where she would usually have the expectation of not being observed, or disseminates such image)	1 to 3 years imprisonment with fine for first conviction.3 to7 years imprisonment with fine for second or subsequent conviction.
354D	Stalking. (Any man who follows a woman and contacts or attempts to contact such woman to foster personal interaction repeatedly despite a clear indication of disinterest by such woman or	

	whoever monitors the use by a woman of the internet, email or any other form of electronic communication, or watches or spies on a woman in a manner that results in a fear of violence or serious alarm or distress in the mind of such woman or interferes with the mental peace of such woman.	
376	Punishment for rape.	7 years of rigorous imprisonment / imprisonment for life and with fine.
	Punishment for rape by a person in the management or the staff of a hospital, or committed by a person in a position of trust or authority towards the person assaulted	10 years of rigorous imprisonment/Imprisonment for life which shall mean the remainder of that person's natural life and with fine.
376A	Punishment for causing death or resulting in persistent vegetative state of victim.	20 years of rigorous imprisonment/Imprisonment for life which shall mean the remainder of that person's natural life and with fine
376B	Sexual intercourse by husband upon is wife during separation.	2 to 7 years and with fine
376C	Sexual intercourse by a person in authority.	5 to 10 years of rigorous imprisonment with fine.
376 D	Gang rape.	20 years of rigorous imprisonment/imprisonment for life which shall mean the remainder of that person's natural life and with fine to be paid to the victim.
376E	Punishment for repeat offenders.	Imprisonment for life which shall mean the remainder of that person's natural life or with death.



**NATIONAL COMMISSION FOR INDIAN SYSTEM OF MEDICINE  
NEW DELHI  
(F.no. BOA/3-A/Academic Calendar/2022)**

**Academic Calendar for Ayurveda UG Program (BAMS) for 2022-23 Batch**

ACADEMIC ACTIVITY	DATE/PERIOD
<b>First Professional BAMS (18 Months)</b>	
Course Commencement	20 <sup>th</sup> February 2023
Induction Program & Transitional Curriculum	15 working Days
Summer Vacation	Three weeks in May/June 2023
First Term Test	Third and Fourth week of July 2023
Second Term Test	Third and Fourth week of January 2024
Preparatory holidays	First and Second week of June 2024
University Examination	Third week of June 2024 onwards
<b>Second Professional BAMS (18 Months)</b>	
Course Commencement	19 <sup>th</sup> of August 2024
First Term Test	Third and Fourth week of January 2025
Summer Vacation	Three weeks in May/June 2025
Second Term Test	Third and Fourth week of July 2025
Preparatory Holidays	First and Second week of December 2025
University Examination	Third week of December 2025 onwards
<b>Third Professional BAMS (18 Months)</b>	
Course Commencement	16 <sup>th</sup> February 2026
Summer Vacation	Three weeks in May/June 2026
First Term Test	Third and Fourth week of July 2026
Second Term Test	Third and Fourth week of January 2027
Preparation holidays	First and Second week of June 2027
University Examination	Third week of June 2027 onwards
<b>Commencements of Internship</b>	<b>16<sup>th</sup> August 2027</b>
<b>NOTE:</b> Institutions/Colleges established in Extreme Weather Conditions (extreme cold in hilly areas) may adjust the vacation as required by maintaining the stipulated days and hours of teaching. However the structure of academic calendar shall not be altered.	

  
**Dr. B.S. Prasad**  
 President, Board of Ayurveda  
 (NCISM)

YU/REG/ACA/Ayurvedic/CE/2022

15.02.2023

**NOTIFICATION**

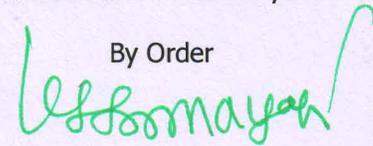
Academic Calendar of Events for Bachelor of Ayurvedic Medicine and surgery (BAMS) Degree Course for the academic year 2022-23 is hereby notified and is as follows:

Sl. No.	Name of the Events	Date		
1.	Last date for admission	18.02.2023		
2.	Induction Programmme & Transitional curriculum	-15 working days		
2.	Commencement of Classes	07.02.2023		
3.	Submission of admission statements with the required original documents to the University- last date	20.03.2023		
4.	Admission - approval	20.4.2023		
5.	Internship	16 <sup>th</sup> August 2027		
Examination Schedule				
Events	Professional BAMS ( 18 months)			
	I	II	III	
1.	Commencement of Classes – Tentative	07.02.2023	19 <sup>th</sup> August 2024	16 <sup>th</sup> February 2026
2.	Examination – Tentative	3 <sup>rd</sup> week of June 2024	3 <sup>rd</sup> week of December 2025	3 <sup>rd</sup> week June 2027
	Results – Tentative	3 <sup>rd</sup> week of July 2024	3 <sup>rd</sup> week of January 2026	3 <sup>rd</sup> week July 2027

If the last date any of the above activities fall on a holiday, the subsequent working day will be taken as the last date for that activity.

Exact date of commencement of Theory & Practical examinations and date of declarations of results will be notified by the Controller of Examinations separately.

**Note:** The Principal is requested to adhere to the above calendar & plan the academic work of the year.

By Order  


**REGISTRAR**

To,  
 The Principal, YAMCH  
 Copy to:

- Controller of Examinations
- Finance Officer
- Office of IQAC/File copy

# YENEPOYA AYURVEDA MEDICAL COLLEGE AND HOSPITAL

1<sup>st</sup> Year BAMS Time Table 2023

	9:30-10:20 AM	10:25-11:15AM		11:25-12:15 AM	12:20-1:10 PM		2:00-3:00 PM	3.00PM-4.00PM
<b>MONDAY</b>	Lecture (Dr. Kavya Vasudev) <b>Padartha Vijnana</b>	Non Lecture (Dr. Jnanesh Marathe) <b>SN&amp;AI</b>		Lecture (Dr. Haseena) <b>Kriya Shareera</b>	Lecture (Dr. Pralhad D S) <b>Rachana Shareera</b>		Non Lecture <b>Kriya Shareera</b>	Non Lecture (Dr. Vidhyaprabha) <b>Rachana Shareera</b>
<b>TUESDAY</b>	Lecture (Dr. Thanusree Nair) <b>SA I</b>	Non Lecture (Dr. Veena Viswanath) <b>Rachana Shareera</b>	<b>B R E A K</b>	Non Lecture (Dr. Divyarani) <b>SA I</b>	Non Lecture (Dr. Jnanesh Marathe) <b>SN&amp;AI</b>	<b>L U N C H  B R E A K</b>	Lecture (Dr. Veena Viswanath) <b>Rachana Shareera</b>	Lecture (Dr. Reshma) <b>Kriya Shareera</b>
<b>WEDNESDAY</b>	Non Lecture (Dr. Thanusree Nair) <b>SA I</b>	Non Lecture (Dr. Surya Raj) <b>Padartha Vijnana</b>		Lecture (Dr. Divyarani) <b>SA I</b>	Lecture (Dr. Lakshmi Prasad) <b>Kriya Shareera</b>		Practicals Non Lecture <b>Rachana Shareera /Kriya Shareera</b>	
<b>THURSDAY</b>	Lecture (Dr. Kavya Vasudev) <b>Padartha Vijnana</b>	Lecture (Dr. Haseena) <b>Kriya Shareera</b>		Lecture (Dr. Jnanesh Marathe) <b>SN&amp;AI</b>	Non Lecture (Dr. Thanusree Nair) <b>SA I</b>		Practicals Non Lecture <b>Rachana Shareera /Kriya Shareera</b>	
<b>FRIDAY</b>	Lecture (Dr. Pralhad D S) <b>Rachana Shareera</b>	Lecture (Dr. Reshma) <b>Kriya Shareera</b>		Lecture (Dr. Jnanesh Marathe) <b>SN&amp;AI</b>	Non Lecture (Dr. Surya Raj) <b>SA I</b>		Non Lecture <b>Kriya Shareera</b>	Lecture (Dr. Vidhyaprabha) <b>Rachana Shareera</b>
<b>SATURDAY</b>	Lecture (Dr. Haseena) <b>Kriya Shareera</b>	Lecture (Dr. Veena Viswanath) <b>Rachana Shareera</b>		Non Lecture (Dr. Jnanesh Marathe) <b>SN&amp;AI</b>	Non Lecture (Dr. Surya Raj) <b>Padartha Vijnana</b>		LIBRARY	Lecture (Dr. Vidhyaprabha) <b>Rachana Shareera</b>

  
**Principal**  
 Yenepeya Ayurveda Medical College & Hospital

# YENEPOYA AYURVEDA MEDICAL COLLEGE AND HOSPITAL

## First year BAMS Time Table 2022

	9:30-10:20 AM	10:25-11:15AM		11:25-12:15 PM	12:20-1:10 PM		2:00-3:00 PM	3:00-4:00 PM
<b>MONDAY</b>	Lecture Dr. Veena Viswanath <b>Rachana Shareera</b>	Lecture (Dr. Shrikanth P H) <b>SA I</b>	<b>B R E A K</b>	Non Lecture (Dr. Jnanesh Marathe) <b>SN&amp;AI</b>	Lecture Dr. Reshma <b>Kriya Shareera</b>	<b>L U N C H  B R E A K</b>	Practicals Non Lecture <b>Rachana Shareera /Kriya Shareera</b>	
<b>TUESDAY</b>	Lecture Dr. Surya Raj <b>Padartha Vijnana</b>	Non Lecture (Dr. Jnanesh Marathe) <b>SN&amp;AI</b>		Non Lecture (Dr. Thanusree Nair) <b>SA I</b>	Lecture Dr. Haseena <b>Kriya Shareera</b>		Practicals Non Lecture <b>Rachana Shareera /Kriya Shareera</b>	
<b>WEDNESDAY</b>	Lecture (Dr. Jnanesh Marathe) <b>SN&amp;AI</b>	Lecture (Dr. Divyarani) <b>SA I</b>		Lecture Dr. Pralhad D S <b>Rachana Shareera</b>	Non Lecture Dr. Haseena <b>Kriya Shareera</b>		Non Lecture Dr. Kavya Vasudev <b>Padartha Vijnana</b>	Library Hour
<b>THURSDAY</b>	Lecture (Dr. Jnanesh Marathe) <b>SN&amp;AI</b>	Non Lecture (Dr. Divyarani) <b>SA I</b>		Non Lecture Dr. Surya Raj <b>Padartha Vijnana</b>	Non Lecture Dr. Pralhad D S <b>Rachana Shareera</b>		Non Lecture <b>SA I</b>	Non Lecture (Dr. Vidhyaprabha) <b>Rachana Shareera</b>
<b>FRIDAY</b>	Lecture (Dr. Shrikanth P H) <b>SA I</b>	Lecture Dr. Veena Viswanath <b>Rachana Shareera</b>		Lecture Dr. Vidhyaprabha <b>Rachana Shareera</b>	Lecture Dr. Lakshmi Prasad <b>Kriya Shareera</b>		Practicals Non Lecture <b>Rachana Shareera /Kriya Shareera</b>	
<b>SATURDAY</b>	Lecture Dr. Kavya Vasudev <b>Padartha Vijnana</b>	Non Lecture (Dr. Jnanesh Marathe) <b>SN&amp;AI</b>		Lecture Dr. Veena Viswanath <b>Rachana Shareera</b>	Non Lecture Dr. Reshma <b>Kriya Shareera</b>		Lecture (Dr. Vidhyaprabha) <b>Rachana Shareera</b>	Curricular & Extra Curricular Hour

  
 Dean  
 Principal  
 Yenepoya Ayurveda Medical College & Hospital

# YENEPOYA AYURVEDA MEDICAL COLLEGE AND HOSPITAL

IYear BAMS Time Table w.e.f. 17-10-2022

	9:30-10:20 AM	10:25-11:15AM		11:25-12:15 PM	12:20-1:10 PM		2:00-3:00 PM	3:00-4:00 PM
Monday	Roga Nidana (Dr. Ajantha)	Rasa Shastra (Dr. Rahul)	Short Break	Dravya Guna (Dr. Arundeeep)	Charaka Purvardha (Dr. Divyarani)	Lunch Break	Roga Nidana (Dr. Athulya)	Dravya Guna (Dr. Karishma)
Tuesday	Roga Nidana (Dr. Priya Pradeep)	Dravya Guna (Dr. Arundeeep)		Practicals DG – A Batch RSBK – B Batch RN – C Batch	Rasa Shastra (Dr. Rahul)		Charaka Purvardha (Dr. Kavya Vasudev)	
Wednesday	Dravya Guna (Dr. Asha Maradka)	Charaka Purvardha (Dr. Thanusree Nair)		Practicals DG – B Batch RSBK – C Batch RN – A Batch	Roga Nidana (Dr. Ajantha)		RSBK (Dr. Balakrishna)	
Thursday	RSBK (Dr. Balakrishna)	Dravya Guna (Dr. Karishma)		Practicals DG – C Batch RSBK – A Batch RN – B Batch	Rasa Shastra (Dr. Rahul)		Charaka Purvardha (Dr. Surya Raj)	
Friday	RSBK (Dr. Sridhar Gokhale)	Dravya Guna (Dr. Asha Maradka)		Charaka Purvardha (Dr. Thanusree Nair)	Roga Nidana (Dr. Athulya)		Roga Nidana (Dr. Priya Pradeep)	RSBK (Dr. Balakrishna)
Saturday	Roga Nidana (Dr. Athulya)	Dravya Guna (Dr. Arundeeep)		Roga Nidana (Dr. Ajantha)	Dravya Guna (Dr. Asha Maradka)		Rasa Shastra (Dr. Rahul)	Library hour

**Total Hours:**

1. Dravyaguna – 8 hrs
2. Roganidana – 8 hrs
3. Rasashastra – 8 hrs
4. Charaka Samhita – 5 hrs

**Principal**

WA  
17/10

**Dean**

Yenepoya Ayurveda Medical College & Hospital

# YENEPOYA AYURVEDA MEDICAL COLLEGE AND HOSPITAL

## III year BAMS Time Table 2023

	9:30-10:20 AM	10:25-11:15AM		11:25-12:15 PM	12:20-1:10 PM		2:00-3:00 PM	3:00-4:00 PM
<b>MONDAY</b>	Streeroga & Prasootitantra (Dr. Kavya S R)	Agadatantra (Dr. Sheethal Raj)	<b>B R E A K</b>	Practicals ABCD (A Batch: 1-25) P T (B Batch: 26-50) S W (C Batch: 51-75) A T (D Batch: 76-100) K FB		<b>L U N C H  B R E A K</b>	Charaka Samhita (Dr. Thanursree N. Nari)	Kaumarabhritya (Dr. Nivya Kumar)
<b>TUESDAY</b>	Swastavritta & Yoga (Dr. Aditi P S)	Streeroga & Prasootitantra (Dr. Mrudula K S)		Practicals ABCD (B Batch: 26-50) P T (C Batch: 51-75) S W (D Batch: 76-100) A T (A Batch: 1-25) K B			Charaka Samhita (Dr. Shrikanth P H)	Agadatantra (Dr. Rukma CK)
<b>WEDNESDAY</b>	Kaumarabhritya (Dr. Sindhu M A)	Agadatantra (Dr. Sathyamoorthi Kumble)		Practicals ABCD (C Batch: 51-75) P T (D Batch: 76-100) S W (A Batch: 1-25) A T (B Batch: 26-50) K B			Swastavritta & Yoga (Dr. Veeraj Praveen)	Streeroga & Prasootitantra (Dr. Asha Parvathi)
<b>THURSDAY</b>	Charaka Samhita (Dr. Thanusree Nair)	Swastavritta & Yoga (Dr. Sreeraj P)		Practicals ABCD (D Batch: 76-100) P T (A Batch: 1-25) S W (B Batch: 26-50) A T (C Batch: 51-75) K B			Agadatantra (Dr. Sheethal Raj)	Streeroga & Prasootitantra (Dr. Chandrakanth Joshi)
<b>FRIDAY</b>	Agadatantra (Dr. Rukma C K)	Charaka Samhita (Dr. Divyarani)		Streeroga & Prasootitantra (Dr. Hafsa P Ahamed)	Swastavritta & Yoga (Dr. Aditi P S)		Kaumarabhritya (Dr. Nivya Kumar)	Library
<b>SATURDAY</b>	Charaka Samhita (Dr. Shrikanth P H)	Swastavritta & Yoga (Dr. Veeraj Praveen)		Streeroga & Prasootitantra (Dr. Mrudula KS)	Agadatantra (Dr. Rukma CK)		Kaumarabhritya (Dr. Lakshmeesha Upadhya)	Swastavritta & Yoga (Dr. Sreeraj P)

Principal

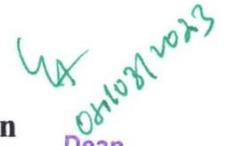
# YENEPOYA AYURVEDA MEDICAL COLLEGE AND HOSPITAL

**IVyear BAMS Time Table 2023 w.e.f. 06-03-2023**

	9:30-10:20 AM	10:25-11:15AM		11:20-12:10 PM	12:15-1:05 PM		2:00-3:00 PM	3:00-4:00 PM
<b>MONDAY</b>	Shalaky Tantra (Dr. Akshatha K)	Kayachikitsa (Dr. Shilpa K)	<b>B R E A K</b>	Panchakarma (Dr. Vasudev)	Shalaky Tantra (Dr. Santhosh K)	<b>L U N C H  B R E A K</b>	Kayachikitsa (Dr. Saritha A.K)	Shalya Tantra (Dr. Sahl M.)
<b>TUESDAY</b>	Kayachikitsa (Dr. Ajay Bhat)	Shalaky Tantra (Dr. Santhosh K)		Shalaky Tantra (Dr. Pradeep Kumar)	Panchakarma (Dr. Nikhil Chandran)		Shalya Tantra (Dr. Shubada VI)	Kayachikitsa (Dr. Shilpa K)
<b>WEDNESDAY</b>	Shalya Tantra (Dr. Subhash Rai)	Panchakarma (Dr. Adarsh D)		Shalaky Tantra (Dr. Akshatha K)	Shalya Tantra (Dr. Sahl M.)		Shalaky Tantra (Dr. Pradeep Kumar)	Kayachikitsa (Dr. Zenica D'Souza)
<b>THURSDAY</b>	Shalaky Tantra (Dr. Santhosh K)	Kayachikitsa (Dr. Zenica D'Souza)		Shalya Tantra (Dr. Shubada V.I)	Kayachikitsa (Dr. Saritha A.K)		Shalya Tantra (Dr. Subhash Rai)	Statistics
<b>FRIDAY</b>	Kayachikitsa (Dr. Ajay Bhat)	Shalaky Tantra (Dr. Pradeep Kumar)		Shalya Tantra (Dr. Sahl M.)	Panchakarma (Dr. Gururaja H)		Shalya Tantra (Dr. Subhash Rai)	Shalaky Tantra (Dr. Akshatha K)
<b>SATURDAY</b>	Kayachikitsa (Dr. Shilpa K)	Shalya Tantra (Dr. Shubada VI)		Panchakarma (Dr. Vasudev)	Kayachikitsa (Dr. Saritha A.K)		Research Methodology	LIBRARY

**Total Hours:**

1. Panchakarma – 5 hrs
2. Kayachikitsa – 10 hrs
3. Shalya Tantra – 9 hrs
4. Shalaky Tantra – 9 hrs
5. Research Methodology – 1hr
6. Statistics -1 hr

  
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 Yenepoya Ayurveda Medical College & Hospital

# YENEPOYA AYURVEDA MEDICAL COLLEGE AND HOSPITAL

## IVyear BAMS Time Table w.e.f. 17-10-2022

	9:30-10:20 AM	10:25–11:15AM			11:25–12:15 PM	12:20–1:10 PM			2:00-3:00 PM	3:00-4:00 PM	
<b>MONDAY</b>	Shalya Tantra (Dr. Sahl M.)	Kayachikitsa (Dr. Saritha A.K)	<b>B</b>	<b>CLINICAL CLASS</b>				<b>L</b>	<b>U</b>	Research Methodology (Dr. Ajantha)	Panchakarma (Dr. Gururaja H)
				<b>KC</b>	<b>Shalya</b>	<b>Shalakyas</b>	<b>PK</b>				
				(Dr. Saritha)	(Dr. Sahl)	(Dr. Santhosh)	(Dr. Adarsh)				
<b>TUESDAY</b>	Shalakyas Tantra (Dr. Pradeep Kumar)	Shalya Tantra (Dr. Shubada V.I)	<b>R</b>	<b>CLINICAL CLASS</b>				<b>N</b>	<b>C</b>	Shalakyas Tantra (Dr. Akshatha K)	Kayachikitsa (Dr. Ajay Bhat)
				<b>KC</b>	<b>Shalya</b>	<b>Shalakyas</b>	<b>PK</b>				
				(Dr. Shilpa)	(Dr. Shubada)	(Dr. Pradeep)	(Dr. Gururaja)				
<b>WEDNESDAY</b>	Kayachikitsa (Dr. Shilpa K)	Shalya Tantra (Dr. Sahl M.)	<b>E</b>	<b>CLINICAL CLASS</b>				<b>H</b>	<b>B</b>	Kayachikitsa (Dr. Saritha A.K)	Panchakarma (Dr. Vasudev)
				<b>KC</b>	<b>Shalya</b>	<b>Shalakyas</b>	<b>PK</b>				
				(Dr. Ajay Bhat)	(Dr. Subhash)	(Dr. Akshatha)	(Dr. Adarsh)				
<b>THURSDAY</b>	Shalakyas Tantra (Dr. Akshatha K)	Kayachikitsa (Dr. Saritha A.K)	<b>A</b>	<b>CLINICAL CLASS</b>				<b>R</b>	<b>E</b>	Shalakyas Tantra (Dr. Santhosh K)	Kayachikitsa (Dr. Zenica D'Souza)
				<b>KC</b>	<b>Shalya</b>	<b>Shalakyas</b>	<b>PK</b>				
				(Dr. Zenica)	(Dr. Shubada)	(Dr. Santhosh)	(Dr. Vasudev)				
<b>FRIDAY</b>	Shalya Tantra (Dr. Subhash Rai)	Kayachikitsa (Dr. Shilpa K)	<b>K</b>	Panchakarma (Dr. Adarsh D)		Shalakyas Tantra (Dr. Santhosh)		<b>A</b>	Shalya Tantra (Dr. Sahl M.)	Kayachikitsa (Dr. Ajay Bhat)	
<b>SATURDAY</b>	Kayachikitsa (Dr. Zenica D'Souza)	Shalakyas Tantra (Dr. Pradeep Kumar)	Shalya Tantra (Dr. Shubada V.I)		Research Methodology (Dr. Zenica D'Souza)		<b>K</b>	Shalya Tantra (Dr. Subhash Rai)	LIBRARY		

### Total Hours:

1. Panchakarma – 3 hrs + 8hrs (Clinical Class)
2. Kayachikitsa – 9 hrs + 8hrs (Clinical Class)
3. Shalya Tantra – 7 hrs + 8hrs (Clinical Class)
4. Shalakyas Tantra – 6 hrs + 8hrs (Clinical Class)

**Batch A : 1 – 25**

**B : 26 – 50**

**C : 51 – 75**

**D : 76 - 100**

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# YENEPOYA AYURVEDA MEDICAL COLLEGE AND HOSPITAL

## CALENDER OF EVENTS

Month & Year	Date	Events	Departments
January 2022	3 <sup>rd</sup> week of January	International Cervical Cancer awareness month	Prasooti Tantra & Stree Roga
February 2022	04-02-2022	World Cancer day	Kriya Shareera
	04-02-2022	World Cancer day – Guest Lecture	Kayachikitsa
	2 <sup>nd</sup> week of February	Workshop / CME	Dravyaguna
	3 <sup>rd</sup> week of February	Camp on World Allergy Awareness Week	Shalakyta Tantra
March 2022	1 <sup>st</sup> week of March	World Hearing Day- Camp	Shalakyta Tantra
	2 <sup>nd</sup> week of March	World Kidney day	Kriya Shareera
	2 <sup>nd</sup> week of March	Outreach activities-Talk in schools and distribution of medicinal plants	Dravyaguna
	2 <sup>nd</sup> week of March	Medical Camp on Lifestyle Disorders	Swastavritta & Yoga
	10-03-2022	Observation of World Kidney day	Shalya Tantra
	22 <sup>nd</sup> March 2022	Pathology model making	Roganidana
	4 <sup>th</sup> week of March	GMP - CME	Rasashastra
April 2022	02-04-2022	World Autism Day	Kaumarabhrithya
	07-04-2022	World Health day	Kriya Shareera
	2 <sup>nd</sup> week of April	Visit to one GMP certified Pharmacy	Rasashastra & Bhaishajya Kalpana
	19-04-2022	World Liver Day: Out house Camp	Kayachikitsa
	22-04-2022	Earth day celebration – Guest lecture	Dravya Guna
May 2022	07-05-2022	Children's Mental Health Awareness Day	Kaumarabhrithya
	4 <sup>th</sup> week of May	Workshop on Varmology	Rachana Shareera
	28-05-2022	Menstrual Hygiene Day	Prasooti Tantra & Stree Roga
	28-05-2022	World Nutrition Day- Webinar	Swasthavrutta & Yoga
	31-05-2022	Tobacco Day – Seminars/Quiz/Poster Making/Drawing/Painting Competitions	Agada Tantra

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June 2022	07-06-2022	World Food Safety Day	Samhita & Siddhanta
	2 <sup>nd</sup> week of June	Outreach activities-Talk in schools and distribution of medicinal plants	Dravya Guna
	2 <sup>nd</sup> week of June	Good Quality Control Laboratory Practice - CME	Rasashastra & Bhaishajya Kalpana
	21-06-2022	International Yoga Day - Workshop	Swasthavritta & Yoga
	23-06-2022	Research in Ayurveda - Group discussion	Roganidana
	26-06-2022	Narcotic Drug Day - Seminars/Quiz/Poster Making/Drawing/Painting Competitions	Agada Tantra
	4 <sup>th</sup> week of June	Migraine and Headache Awareness month- CME/Seminar	Shalakyta Tantra
July 2022	01-07-2022	National Doctor's Day	Kriya Shareera
	01-07-2022	Vanamahotsava celebration	Dravyaguna
	16-07-2022	Snake Day - Seminars/Demonstration Classes/Quiz/Poster Making/Drawing/Painting Competitions	Agada Tantra
August 2022	1 <sup>st</sup> week of August	Sanskrit Day	Samhita & Siddhanta
	01.08.2022 to 07.08.2022	World Breast Feeding Week	Kaumarabhrithya
	2 <sup>nd</sup> week of August	Aati Kashaya Distribution	Dravyaguna
	13-08-2022	Charaka Jayanti	Samhita & Siddhanta
	3 <sup>rd</sup> week of August	CME	Shalya Tantra
	4 <sup>th</sup> week of August	Charaka Tatwavabodhini	Samhita & Siddhanta
September 2022	22-09-2022	Screening for Hyperglycemia - Medical camp	Roganidana
	29-09-2022	World Heart day	Kriya Shareera
	29-09-2022	World Heart Day: Workshop	Kayachikitsa
October 2022	01-10-2022	World Elders Day	Panchakarma
	1 <sup>st</sup> week of October	Breast Cancer Awareness month	Prasooti Tantra & Stree Roga
	06-10-2022	World Cerebral Palsy Day	Kaumarabhrithya
	10-10-2022	Mental Health Day: Guest lecture & Field visit	Kayachikitsa
	12-10-2022	World Arthritis Day -Joint Disorders - CME	Rachana Shareera
	12-10-2022	World Arthritis Day	Panchakarma
	13 <sup>th</sup> October 2022	World Sight Day – School Visit	Shalakyta Tantra
November 2022	1 <sup>st</sup> week of November	Camp on Nutritional Disorders- School Visit	Swasthavrutta & Yoga
	14.11.2022	Children's Day	Kaumarabhrithya
	2 <sup>nd</sup> week of November	CME	Panchakarma
	20-11-2022	World Piles day	Shalya Tantra
December 2022	20-12-2022	Kamala -National webinar	Roganidana

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28/10/2022

**YENEPOYA AYURVEDA MEDICAL COLLEGE & HOSPITAL**  
A Constituent Unit of YENEPOYA  
(Deemed to be University)

**CALENDAR OF EVENTS – 2023**

SR.NO	MONTH	Date/Week	EVENT	DEPARTMENT
1	January	3 <sup>rd</sup> Week	National level Workshop on Nadipareeksha	Kriya Shareera
		3 <sup>rd</sup> Week	Cervical cancer awareness programme	Prasooti Tantra & StriRoga
		4 <sup>th</sup> Week	Inter collegiate Anatomy Model Competition	Rachana Shareera
2	February	4/2/2023	World Cancer Day	Kaya Chikitsa, RogaNidana & Rasa Sastra
3	March	3/3/2023	World hearing Day	Shalakyata Tantra
		4/3/2023	Field Visit (4 <sup>th</sup> BAMS)	Panchkarma
		9/3/2023	World Kidney Day	Shalakyata Tantra
		27/3/2023 to 30/3/2023	CharakaTatwavabodhini Workshop	Samhita Siddhanta & Sanskrit
4	April	2/4/2023	World Autism Day	Kaumarabhritya
		7/4/2023	World Health Day	RogaNidana
		1 <sup>st</sup> week	Field visit (1 <sup>st</sup> Prof BAMS)	Rachana Shareera
		19/4/2023	World Liver Day	Kaya Chikitsa
		22/4/2023	World Earth Day	Dravya Guna
		Last week	Field Visit to Naturopathy College (3 <sup>rd</sup> Year BAMS)	Swastavritta
		29/4/2023	Field Visit (3 <sup>rd</sup> year BAMS)	Samhita Siddhanta & Sanskrit
5	May	Last Week	Menstrual hygiene day	Prasooti Tantra & StriRoga
		29/5/2023	World Digestive Health Day	Kriya Shareera
		31/5/2023	World No Tobacco Day	Agada Tantra
6	June	5/6/2023	World Environment Day	Dravya Guna
		21/6/2023	International Yoga Day	Swastavritta
7	July	1 <sup>st</sup> Week	Vanamahotsava	Dravya Guna
		3 <sup>rd</sup> Week	Hands on training on RasaushadhiNirmana	Rasa Sastra
		16/7/2023	Snake Day	Agada Tantra
		3 <sup>rd</sup> Week	Aati Kashaya distribution	Dravya Guna
		Last Week	Educational visit to DKMU (3 <sup>rd</sup> Year BAMS)	Swastavritta
8	August	1/8/2023 – 7/8/2023	World breast feeding week	Kaumarabhritya

		5/8/2023	Charaka Jayanti	Samhita Siddhanta & Sanskrit
		31/8/2023	Sanskrit Day Celebration	Samhita Siddhanta & Sanskrit
9	September	2 <sup>nd</sup> Week	PCOS awareness month	Prasooti Tantra & StriRoga
		Last week	Educational visit on water purification	Swastavritta
10	October	1/10/2023	World Elderly Day	Panchakarma
		6/10/2023	World Cerebral Palsy Day	Kaumarabhritya
		12/10/2023	World Sight Day	Shalaky Tantra
		12/10/2023	World Arthritis Day	Panchakarma
		16/10/2023	World Spine Day	Shalya Tantra
		16/10/2023	World Food Day	Kriya Shareera
		28/10/2023	World Stroke Day	Kriya Shareera
11	November	14/11/2023	Pathology model making competition	RogaNidana
		2 <sup>nd</sup> Week	Children's day celebration	Kaumarabhritya
		20/11/2023	Anorectal Camp and awareness program	Shalya Tantra
12	December	2 <sup>nd</sup> Week	Simulation lab visit for 4th BAMS students	Shalya Tantra
		Last Week	Hands on training workshop on Netra Kriyakalpa	Shalaky Tantra